

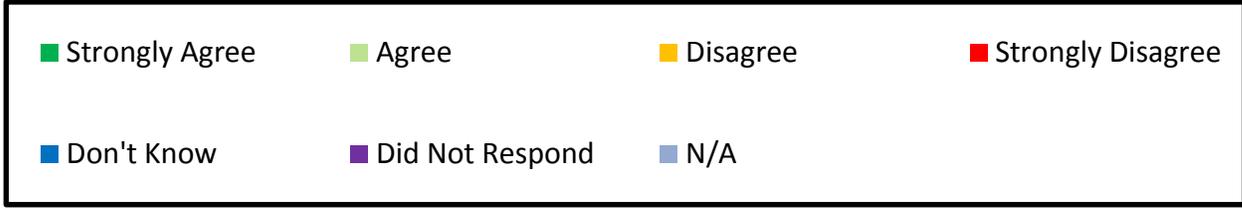
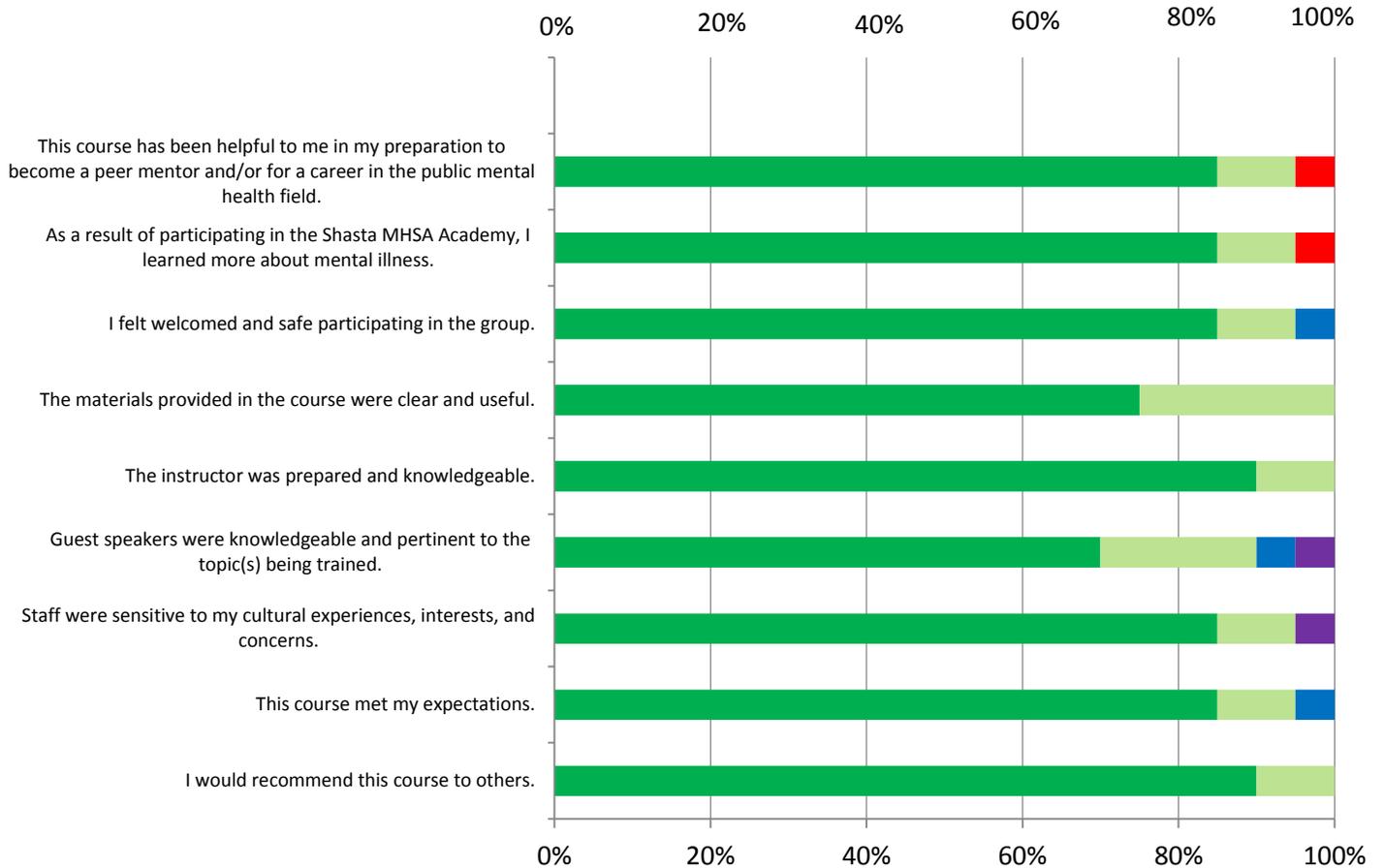
Shasta MHSA Academy Course Evaluation Results

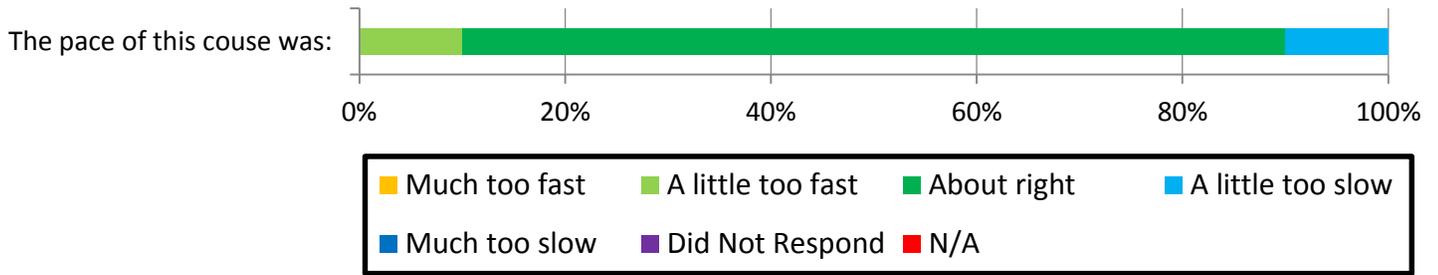
The Shasta MHSA Academy Course Evaluation form is provided to all individuals who completed the course. Surveys are anonymous.

The overall results include data from the first four class offerings between October 2015 and May 2016.

Shasta MHSA Academy Course Evaluation Results October 2015 through May 2016

Total surveys collected = 20





More time could have been spent on the following topics:

- Time was spent where needed – 5 responses
- Role playing – 4 responses
- WRAP – 4 responses
- Different illnesses – 2 responses
- Facilitating groups – 2 responses
- Person Centered Planning – 2 responses
- Shadowing / visiting clinicians – 2 responses
- Advanced directives – 1 response
- Communication – 1 response
- Homelessness – 1 response
- Medications – 1 response
- Recovery – 1 response
- Rules not to break – 1 response

Less time could have been spent on the following topics:

- Time was spent where needed – 8 responses
- Personal discussion – 1 response
- Reading – 1 response
- Self-determination – 1 response

I learned the most about:

- Peer support – 7 responses
- Communication – 4 responses
- Myself – 3 responses
- How to handle different situations – 2 responses
- Importance of individualism/treat each case as its own – 2 responses
- Stigma – 2 responses
- All topics in general – 1 response
- Consolidating and organizing skills – 1 response
- Different cultural aspects – 1 response
- Ethics/Resource guiding – 1 response
- Strength focus/peer centered planning/recovery model – 1 response

What were the strengths of this course?

- Group / group discussions and interactions – 11 responses
- Instructor(s) – 6 responses
- Materials/topics – 3 responses
- Role playing – 3 responses
- Everything – 1 response
- Gives hope that one's success story can be useful in recovery/wellness of others – 1 response
- Positive feedback from instructor to students – 1 response

What suggestions or areas of improvement do you think would make this course more effective or valuable?

- Liked it as it was – 3 responses
- Practice as a Peer Specialist / observe a Peer Specialist in action – 2 responses
- A better understanding of other diagnoses, so that your knowledge of another condition can help you guide appropriately towards the wellness model – 1 response
- A bit more organized with volunteer schedule/hours – 1 response
- Have a minimum number of hours, but allow the class to run longer so the class can spend the needed amount of time in each subject – 1 response
- Homelessness subject – 1 response
- More people in class – 1 response
- Move videos – 1 response
- Refresher trainings occasionally – 1 response
- Start a little later in the morning – 1 response
- Write a report or essay, detailing participants' course of actions through a theoretical case – 1 response

Additional Comments:

- Thank you – 5 responses
- Cathy is very personable and a great facilitator – 1 response
- Great class, thanks – 1 response
- Have peer specialists in all fields – 1 response
- Hours of volunteering should start at the beginning. Maybe having a team work, and in the beginning get the instructors in the beginning instead of the last to end of program. Thank you! – 1 response
- Thank you Cathy for finding a way for me, and being so encouraging and supportive along the way! Hope to have a chance to work with you in the future! – 1 response
- Thank you for all our discussions – it has been the first time in my wellness that I have legitimately spoken truth about my illness in a supportive and non-bias place.