

# **Mental Health Services Act**

## **Community Services and Supports**

### **Full Service Partnership (FSP) Program**



## **Executive Summary of the State of California – Shasta County**

### **“FSP Provider and Program Outcomes Report”**

Dated 3/31/2014

## INTRODUCTION

The State of California, through funding by the Mental Health Services Oversight and Accountability Commission and contract with Mental Health Data Alliance, LLC, prepared and distributed to all California counties a comprehensive report, designed to evaluate FSP outcome indicators from data reported to the state Data Collection and Reporting (DCR) system. The data included in the full report, and outlined in this executive summary, is on the Shasta County FSP Program and compares two fiscal years of partnerships: Fiscal Year 2010/11 and Fiscal Year 2011-12. This data was based on an extract from the DCR system on May 17, 2013.

## REPORT FINDINGS

### SECTION 1: PARTNERS ENROLLED AND RETAINED UP TO 1 YEAR

This section of the report evaluated partners to ascertain how long they were active as an FSP. In Shasta County, over half of all FSPs were retained and active for one full year or longer. The highest retention rate (69%) was seen in the adult age group (25-59 years of age).

### SECTION 2: DATA QUALITY (1 YEAR)

Date quality in this report is based on number and percentage of required forms in the DCR system being completed. Overall, Shasta County has an extremely high data quality rating, with 97% or more of the quarterly assessments being completed in Year 1 of partnerships, and 100% of the partners having at least one key event reported during their partnership.

### SECTION 3: DATA QUALITY AND DISCHARGE REASON (DISCHARGED)

Given the previously noted high data integrity scores for quarterly assessments, as well as the internal audit and review processes in place in Shasta County, it is reasonable to assume key event tracking is also completed at the same high data integrity level, and the absence of key event tracking forms indicates a lack of events, not a lack of data entry. The general trend seen in the Shasta County data is that the longer a full service partnership was active, the higher the percentage of cases were closed for the reason “Met Goals”.

### SECTION 4: RESIDENTIAL STATUS (DISCHARGED)

Overall, the Shasta County data shows that an average of 70% of partners who were discharged in Fiscal Years 2010/11 and 2011/12 either stayed in the same type of residential setting, or moved to a less restrictive, more independent living situation.

### SECTION 5: PRIMARY CARE PHYSICIAN (DISCHARGED)

The general trend in Shasta County data shows that partners who had a primary care physician prior to beginning their partnership maintained having one through their partnership. The number of people who reported not having a primary care physician was reduced by approximately 12%.

## **SECTION 6: CHILDREN GRADES AND ATTENDANCE (1 YEAR)**

There is no data for this section from Shasta County, due to the small caseload size of child FSPs.

## **SECTION 7: EMPLOYMENT FOR PARTNERS WITH GOALS (1 YEAR)**

The extremely small number of cases in this section means there is no data with statistical significance.

## **SECTION 8: ARRESTS (1 YEAR)**

Shasta County data reveals an overall decrease in both the number of persons being arrested (58% fewer), and in the number of arrests made (69% fewer), for those persons who were in a full service partnership for at least one year.

## **SECTION 9: MENTAL HEALTH/SUBSTANCE ABUSE EMERGENCIES (1 YEAR)**

Overall, Shasta County data shows that for people who were in a partnership for at least one year, the number of persons experiencing a mental health/substance abuse emergency dropped by almost half (45%), and the number of emergencies decreased by more than half (54%).

## **SECTION 10: INCARCERATIONS (1 YEAR)**

While numbers in this section are also very small and may not be statistically significant, the trend in Shasta County overall is that fewer partners were incarcerated during their partnership than prior to being partners.

## **SECTION 11: PSYCHIATRIC HOSPITALIZATION (1 YEAR)**

Overall, Shasta County data reveals that while the number of persons hospitalized before and during partnership of at least one year was approximately the same, the number of days spent in hospitalization was significantly reduced by 68% during partnership (a combined total of 771 fewer days in psychiatric hospitalization during Fiscal Years 2010/11 and 2011/12).

## **FOR MORE DETAILED INFORMATION**

For more detailed information about the FSP program, the methodology used for this report, and the specific results obtained, please refer to the Shasta County Mental Health Services Act website, and the FSP Provider and Program Outcomes Report – Shasta County dated 3/31/2014.