

Triple P – Shasta County

Triple P Program Performance Dashboard Report December 2015 Data Submission Prepared by Shasta County Health and Human Services Agency

This aggregate program performance dashboard report describes caregivers who participated in Triple P programs in Shasta County. This data was entered into the Shasta County Scoring Application reflecting caregivers served through the end of December 2015.

The source data for this report is from the Shasta County Scoring Application only and does not include data received from other sources. Though there are several input errors within the Shasta County Scoring Application, the effect of those errors is insignificant to the source data, thus have no effect on the outcome measures.

This dashboard report reflects a total of **2251 Triple P caregivers** served in Shasta County, representing **1926 children**. This signifies the addition of **401** caregivers representing **353** children in 2015.

Table 1. Shasta County Triple P Programs Providing Data through December, 2015

Name of Agency	Number of Practitioners entering into Shasta Co Scoring Application 2015	Total Number of Caregivers
Bridges to Success/ Shasta County Office of Education: Early Childhood Services/VOICES	6	173
Cascade Counseling Center	-	47
Cascade Union Elementary School District	-	9
Child Abuse Prevention Coordinating Council of Shasta County	12	295
Enterprise School District	1	45
Family Dynamics	3	414
First 5 Shasta	1	3
Great Partnership	-	13
Hill Country Health and Wellness Center	-	13
Northern Valley Catholic Social Service	5	196
Redding Rancheria	-	11
Reflections Counseling and Family Services	-	6
Remi Vista	4	193
Right Road Recovery Programs	2	111
Shasta College: Early Childhood Education	-	1
Shasta County Health & Human Services Agency: Children's Services	10	215
Shasta County Health & Human Services Agency: Regional Services	-	11
One Safe Place/Shasta Women's Refuge	-	1
Tri-Counties Community Network: Bright Futures	2	113
Victor Community Support Services	3	153
Wright Education Services	3	215
Youth Violence Prevention Council of Shasta County	-	13

Table 1a. Shasta County Triple P Programs Providing Data through December, 2015

Name of Agency	Number of Caregivers
Youth and Family Programs	453

** Due to a variance in their data collection methodology, data reported from Youth and Family Programs are not included in this report. However, these 453 caregivers have been exposed to the Triple P-Positive Parenting Program.

Table 2. Triple P Level and Type (N=2251)*

Level 3 Primary Care	Level 3 Primary Care Teen	Level 4 Standard	Level 4 Standard Teen	Level 4 Group	Level 4 Group Teen	Level 4 Standard Stepping Stones	Level 5 Enhanced	Level 5 Pathways
35.6% n=801	2.3% n=51	34.5% n=777	8.2% n=184	13.9 % n=312	0.1% n=2	2.9% n=65	2.3% n=52	0.3% n=7

* Last level participation of caregiver/point in time

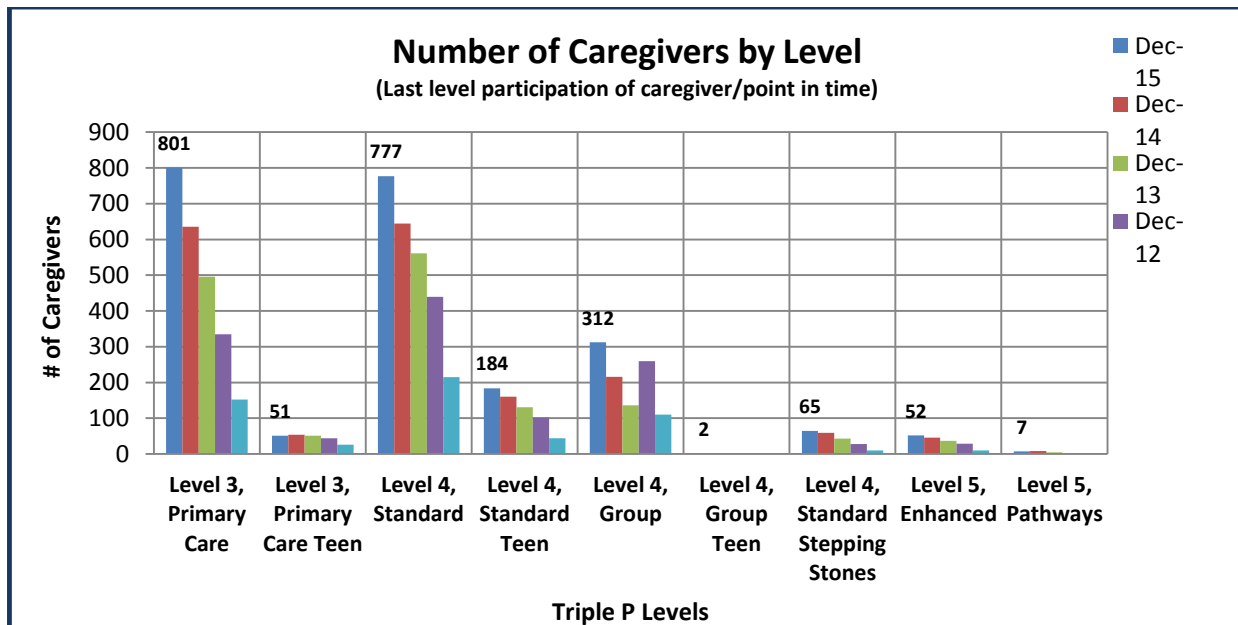


Table 3. Triple P Caregiver Ethnicity (N=2251)									
Ethnicity									
African American:	Asian:	Caucasian:	Hispanic:	Multi:	Native American:	Pacific Islander	Other:	Unknown:	Missing Data:
2.1% n=48	0.4% n=10	72.6% n=1634	8.9% n=201	1.9% n=42	4.2% n=95	0.3% n=7	1.2% n=26	0.4% n=10	7.9% n=178

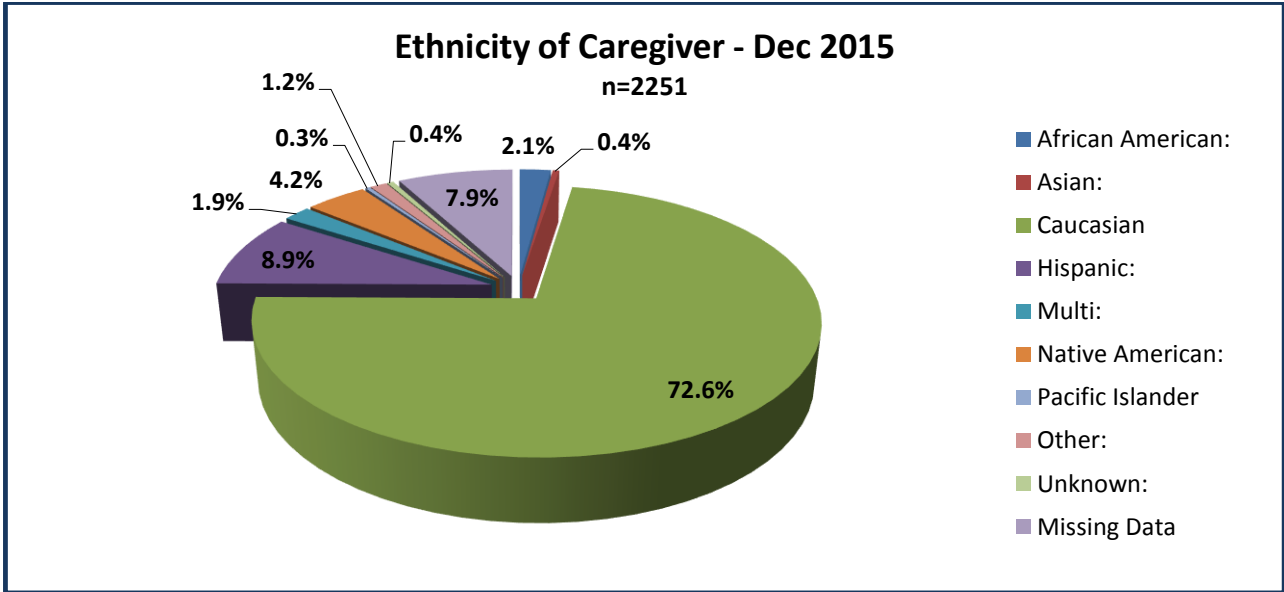


Table 4. Triple P Caregiver Primary Language (N=2251)						
Primary Language						
English	Farsi	Hmong	Spanish	Other: American Sign Language	Other	Missing Data
87.9% n=1978	0.1% n=2	0.0% n=1	5.3% n=119	0.0% n=1	0.3% n=6	6.4% n=144

Table 5. Triple P Caregiver Marital Status (N=2251)					
Married	Live Together	Separated	Single	Widowed	Missing Data
40.2% n=905	9.9% n=223	8.7% n=196	36.7% n=825	1.4% n=32	3.1% n=70

Table 6. Triple P Caregiver Referral Source (N=2251)											
Blank	Counselor/ Family Worker*	Court Referral	Flyer	Medical Provider	Not Known	Other	School	Self	Shasta Co Children's	Shasta Co Mental Health	Word of Mouth
14.3% n=323	9.6% n=216	3.0% n=68	0.3% n=6	1.1% n=25	1.5% n=33	38.7% n=872	13.7% n=308	5.0% n=112	5.5% n=123	6.9% n=155	0.4% n=10

*Counselor/Family Worker was the default setting. We expected that some practitioners wouldn't change this field, therefore this category is high. This issue has since been resolved within the Shasta County Scoring Application.

Table 7. Triple P Child Zip Code (N=1926)									
Zip Code	n	Zip Code	n	Zip Code	n	Zip Code	n	Zip Code	n
96001	428	96019	92	96047	1	96084	1	96099& 96049&	14
96002	558	96021	1	96056	35	96087	3	xxxx	2
96003	263	96022	65	96062	4	96088	16	84701^	1
96006 [§]	1	96028	8	96065	2	96089	2	95451 [§]	1
96007	297	96033	4	96067 [§]	1	96093 [§]	1	95554 [§]	1
96008	10	96035 [§]	1	96069	5	96094 [§]	1		
96013	82	96040	3	96073	14				
96017	1	96041 [§]	1	96080 [§]	6				

&PO Box zip codes

§Out of county zip codes

^Out of State

Table 8. Triple P Child Demographics (N=1926)				
Age	Gender			
	Female	Male	0	Missing Data
Average: 6.4 years (± 4.2) Range: 0 – 20 years n=1926	41.7% n=803	57.6% n=1110	0.5% n=9	0.2% n=4

Note1: \pm indicates the standard deviation

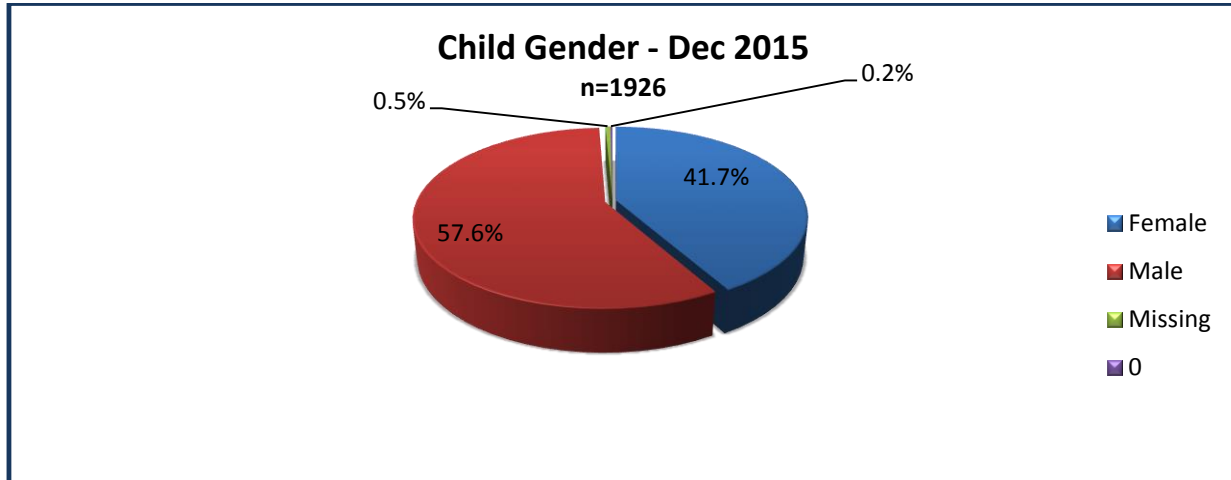
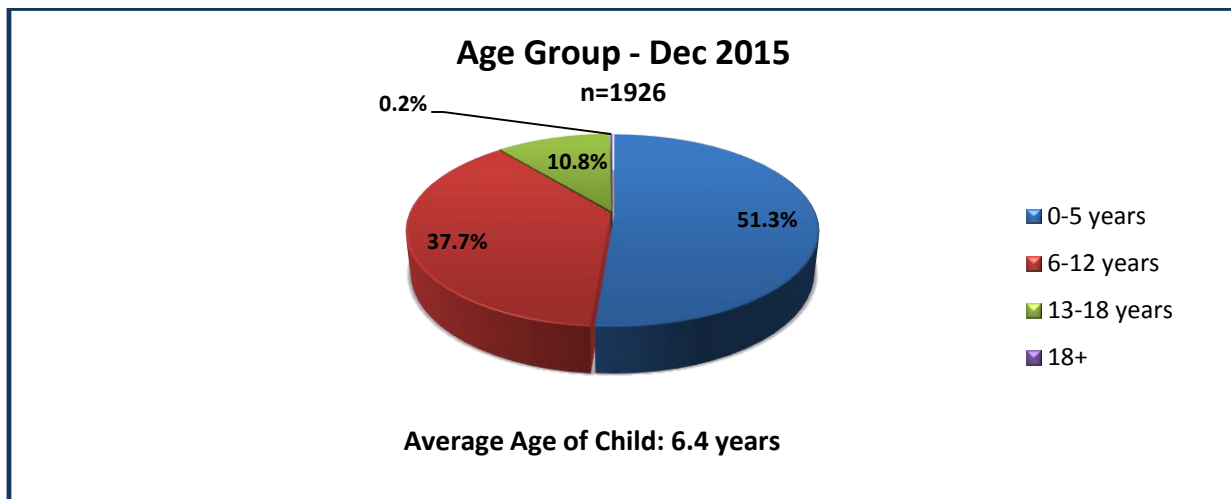


Table 9. Triple P: Child Demographics (N=1926)				
Age Group				
0-5 years	6-12 years	13-18 years	18+	
51.3% n=988	37.7% n=727	10.8% n=208	0.2% n=3	



Outcome Measures

All outcomes are reported as percentage of improvement from pre-Triple P participation to post-Triple P participation (e.g., improved parenting efficacy, improved parenting satisfaction).

Parenting Experience Survey is a Level 3 Primary/Primary Teen questionnaire asking about the child’s behavior and issues related to being a parent. There is no data available for this survey except showing if it has been provided to the caregivers.

To date there have been **590** pre and **319** post surveys completed.

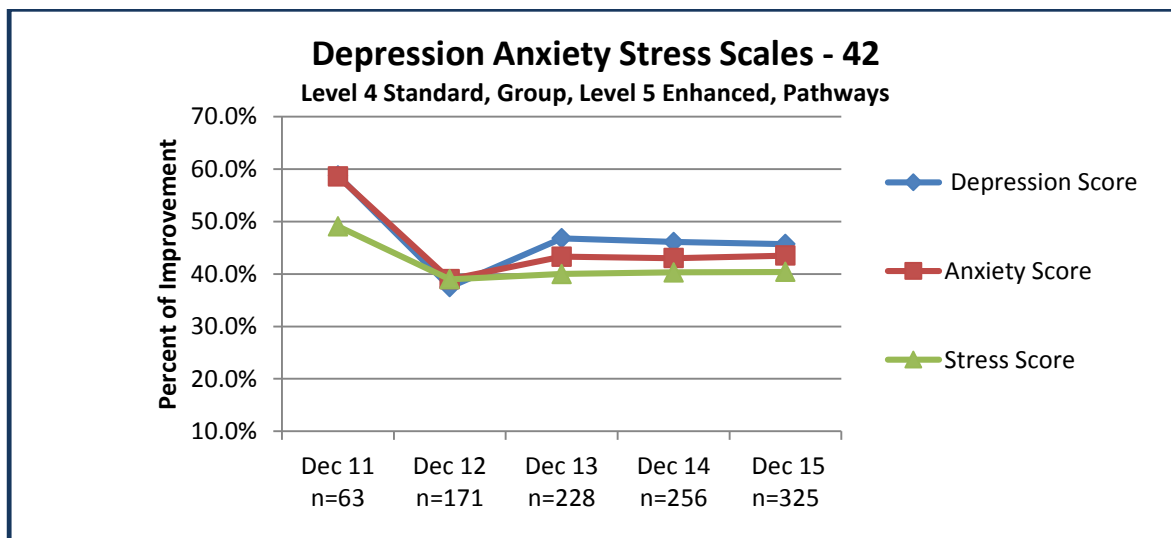
Depression Anxiety Stress Scale-42 (DASS42)

The *Depression Anxiety Stress Scale-42 (DASS42)* is a self-report assessment completed before and after participation in Triple P Level 4 Standard, Level 4 Group, Level 5 Enhanced and Level 5 Pathways. This 42-item assessment inventory measures symptoms of depression, anxiety and stress in adults.

Each of the scale scores has a possible range of 0-42. Clinical cutpoints are 14 for Depression, 10 for Anxiety, and 19 for Stress. Scores at or above these cutpoints are considered to be clinically significant.

Table 10. Depression Anxiety Stress Scale – 42 Outcomes for Shasta County			
Level 4 Standard, Level 4 Group, Level 4 Stepping Stones, Level 5 Enhanced and Level 5 Pathways			
(# of caregivers in levels = 1213)			
Depression Anxiety Stress Scales (DASS-42)	Percent Improvement from Pre to Post*		
	DASS-42 Depression Score	DASS-42 Anxiety Score	DASS-42 Stress Score
	45.7% [pre=7.2] [post=3.9] n=325	43.5% [pre=5.7] [post=3.2] n=325	40.4% [pre=11.4] [post=6.8] n=325

*There were a total of 895 pre surveys and 332 posts



Depression Anxiety Stress Scale-21 (DASS21)

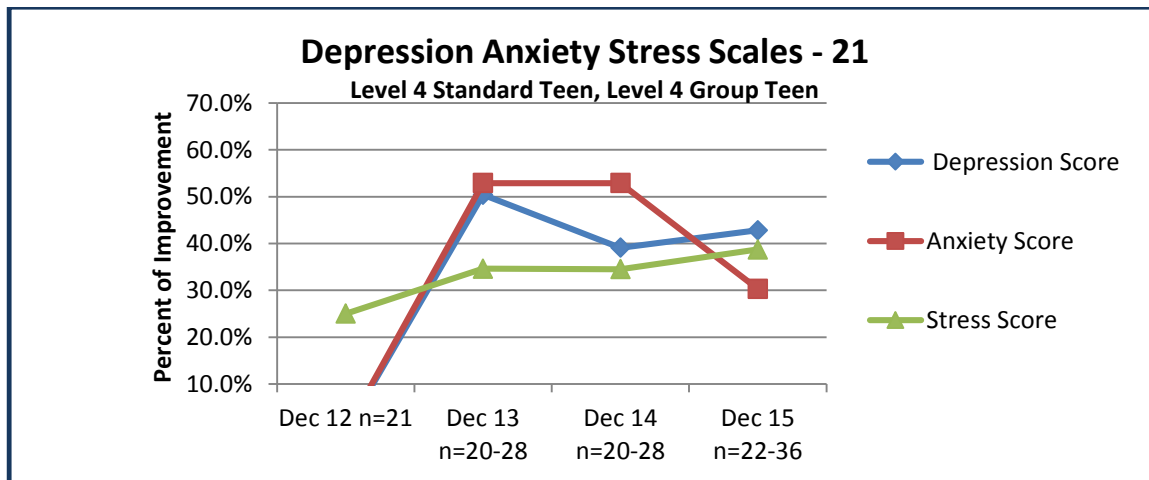
The *Depression Anxiety Stress Scale-21* (DASS21) is a self-report assessment completed before and after participation in Triple P Level 4 Standard Teen and Level 4 Group Teen. This 21-item assessment inventory is a short form of the DASS42 that measures symptoms of depression, anxiety and stress in adults.

Each of the scale scores has a possible range of 0-42 (the raw DASS21 scale scores must be multiplied by two to be consistent with the DASS42 scale scores). Clinical cutpoints are 14 for Depression, 10 for Anxiety, and 19 for Stress. Scores at or above these cutpoints are considered to be clinically significant.

Table 11. Depression Anxiety Stress Scale – 21 Outcomes for Shasta County			
Level 4 Standard Teen and Level 4 Group Teen (# of caregivers in levels = 186)			
Depression Anxiety Stress Scales (DASS-21)	Percent Improvement from Pre to Post*		
	DASS-21 Depression Score	DASS-21 Anxiety Score	DASS-21 Stress Score
	42.8% [pre=11.8] [post=6.7] n=27	30.3% [pre=9.0] [post=6.3] n=22	38.7% [pre=18.2] [post=11.2] n=36

Note: The difference in the numbers is due to caregivers not answering all parts of the question.

*There were a total of 138 pre surveys and 41 posts



Parenting Scale

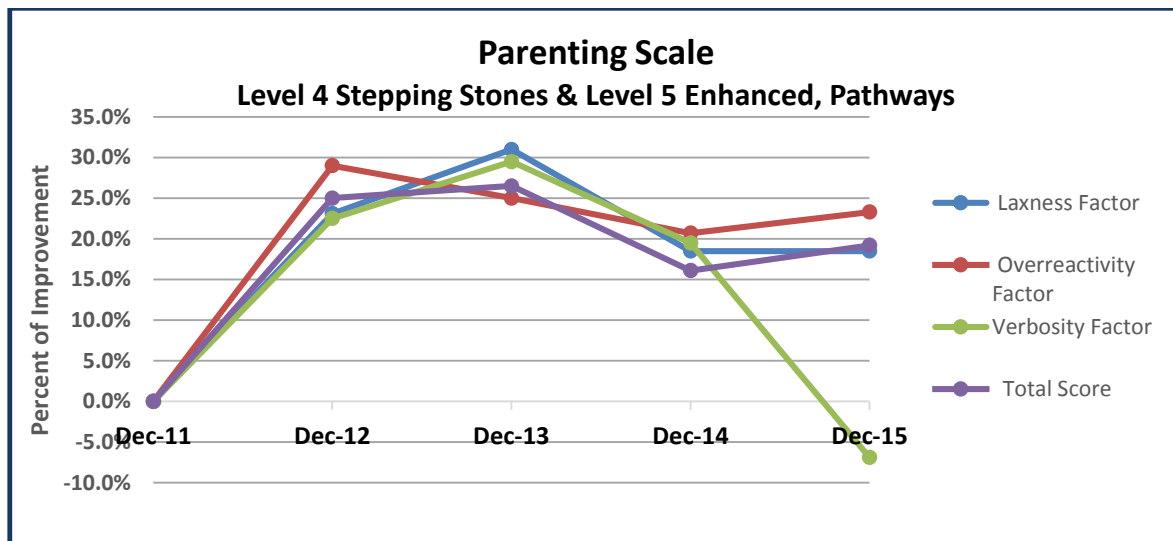
The *Parenting Scale* is a self-report assessment completed before and after participation in Triple P Level 4 Standard Stepping Stones, Level 5 Enhanced and Level 5 Pathways. This 30-item questionnaire assesses parenting and disciplinary styles, particularly those that are found to be related to the development and/or maintenance of child disruptive behavior problems. It is completed by parents/caregivers of children ages 1-12.

The original factor structures of Laxness, Overreactivity, and Verbosity are reported, along with the Total Score. Clinical cutpoints in the original literature are not employed, as they have not demonstrated stability over time.

Possible scores on all factors and the total range from 1-7, as they each represent an average item response.

Table 12. Parenting Scale Outcomes for Shasta County				
Level 4 Standard Stepping Stones and Level 5 Enhanced and Level 5 Pathways (# of caregivers in levels = 124)				
Parenting Scale	Percent Improvement from Pre to Post*			
	Parenting Scale Laxness Factor	Parenting Scale Overreactivity Factor	Parenting Scale Verbosity Factor	Parenting Scale Total Score
	18.5% [pre=2.8] [post=2.2] n=127	23.3% [pre=2.8] [post=2.2] n=127	-6.9% [pre=3.5] [post=3.7] n=127	19.2% [pre=3.1] [post=2.5] n=127

*There were a total of 368 pre surveys and 143 posts



Parenting Scale – Adolescent Version

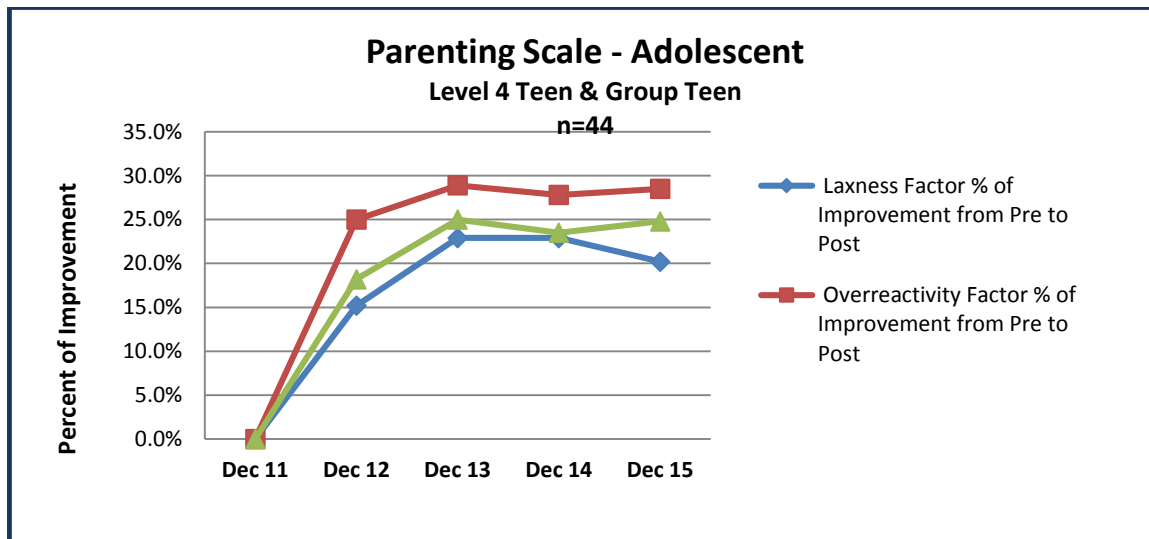
The *Parenting Scale-Adolescent Version* is a self-report assessment completed before and after participation in Triple P Level 4 Standard Teen and Level 4 Group Teen. This 13-item questionnaire is a shorter version of the Parenting Scale and assesses parenting and disciplinary styles, particularly those that are found to be related to the development and/or maintenance of disruptive behavior problems. It is completed by parents/caregivers of children ages 13 and higher.

The factor structures of Laxness and Overreactivity reported, along with the Total Score. Clinical cutpoints have not yet been established.

Possible scores on all factors and the total range from 1-7, each representing an average item response.

Table 13. Parenting Scale – Adolescent Version Outcomes for Shasta County			
Level 4 Standard Teen and Level 4 Group Teen (# of caregivers in levels = 186)			
Parenting Scale - Adolescent	Percent Improvement from Pre to Post*		
	Parenting Scale - Adolescent Laxness Factor	Parenting Scale – Adolescent Overreactivity Factor	Parenting Scale - Adolescent Total Score
	20.2% [pre=3.3] [post=2.7] n=44	28.5% [pre=3.8] [post=2.7] n=44	24.8% [pre=3.5] [post=2.6] n=44

*There were a total of 141 pre surveys and 44 posts



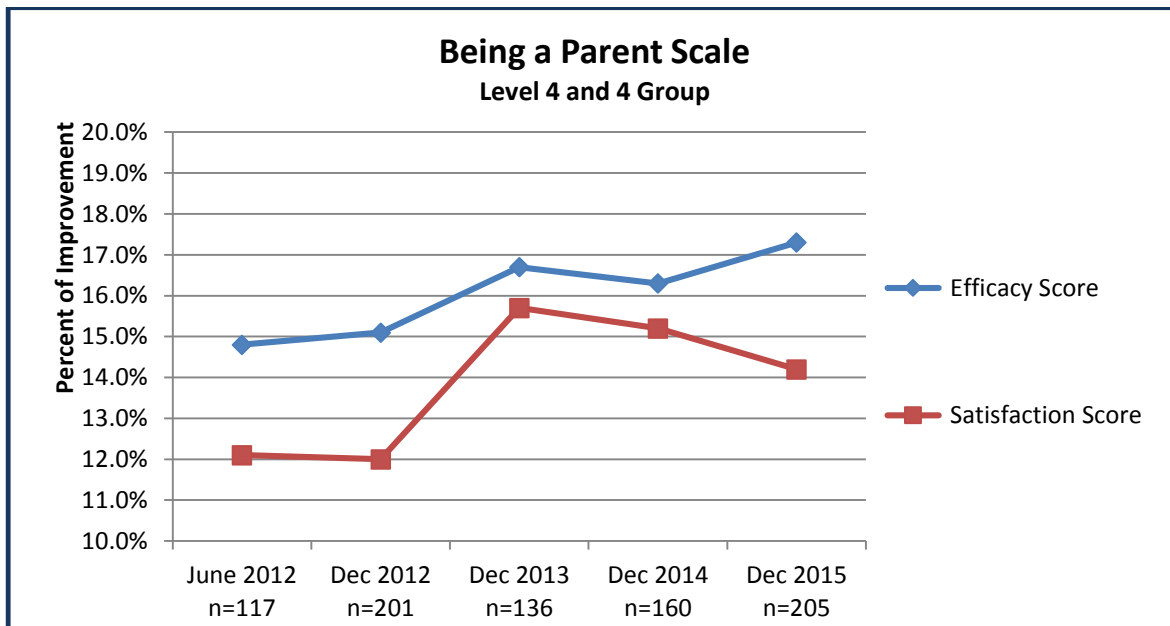
Being a Parent Scale (PSOC)

The *Being a Parent Scale* (PSOC) is a self-report assessment completed before and after participation in Triple P Level 4 Standard and Level 4 Group. This 16-item assessment inventory measures parenting self-esteem, or efficacy, and satisfaction with the parenting role.

Possible scores for the Efficacy scale range from 7-42, and for the Satisfaction scale from 9-54. Higher scores represent greater levels of parenting self-efficacy and parental satisfaction. Please note that the *Being a Parent Scale* is a strength-based measure. There are no clinical cutpoints, but higher scores are better.

Table 14. Being a Parent Scale Outcomes for Shasta County			
Level 4 Standard and Level 4 Group (# of caregivers in levels = 1089)			
Being a Parent Scale (PSOC)	Percent Improvement from Pre to Post*		
	PSOC Efficacy Score	PSOC Satisfaction Score	PSOC Total Score
	17.3% [pre=30.2] [post=35.4] n=205	14.2% [pre=30.1] [post=43.5] n=205	15.3% [pre=67.7] [post=78.1] n=205

This survey is required for Level 4 Standard but several use the Parenting Scale which is preferred by some practitioners.
*There were a total of 634 pre surveys and 216 posts

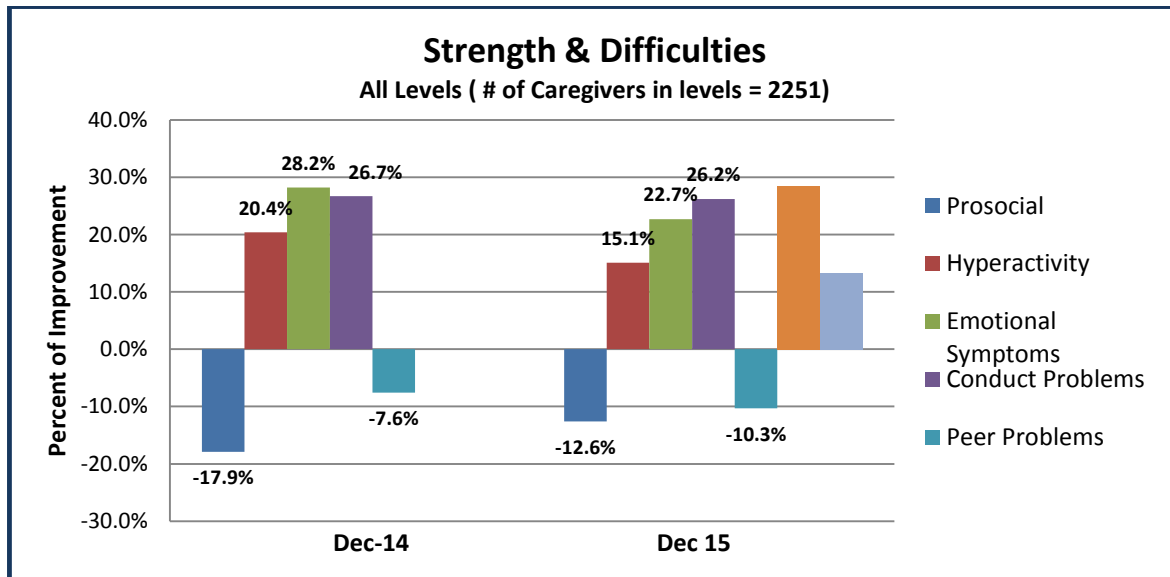


The Strengths and Difficulties Questionnaire (SDQ) is a brief behavioral screening questionnaire children aged 3-16 year. It exists in several versions to meet the needs of researchers, clinicians and educators.

"Before" and "after" SDQs can be used to audit everyday practice (e.g. in clinics or special schools) and to evaluate specific interventions (e.g. parenting groups). Studies using the SDQ along with research interviews and clinical ratings have shown that the SDQ is sensitive to treatment effects. Child and adolescent mental health services, and other specialist services for children with emotional and behavioral difficulties, can use an ['added value' score](#) based on the SDQ as one index of how much help they are providing to the young people they see.

Table 15. Strength & Difficulties							
All Levels (# of caregivers in levels = 2251)							
Strength & Difficulties	Percent Improvement from Pre to Post*						
	Prosocial	Hyperactivity	Emotional Symptoms	Conduct Problems	Peer Problems	Total Impact Score	Total Difficulties Score
	-12.6% [pre=7.1] [post=8.0] n=257	15.1% [pre=6.9] [post=5.9] n=257	22.7% [pre=3.6] [post=2.8] n=257	26.2% [pre=4.8] [post=3.6] n=257	-10.3% [pre=3.6] [post=4.0] n=257	28.5% [pre=4.6] [post=3.3] n=153	13.3% [pre=6.2] [post=5.4] n=146

Please note that the Strength & Difficulties survey has only been required as of 12/2014. Due to changes in how the results were posted, earlier surveys didn't have totals.
*There were a total of 727 pre surveys and 280 posts

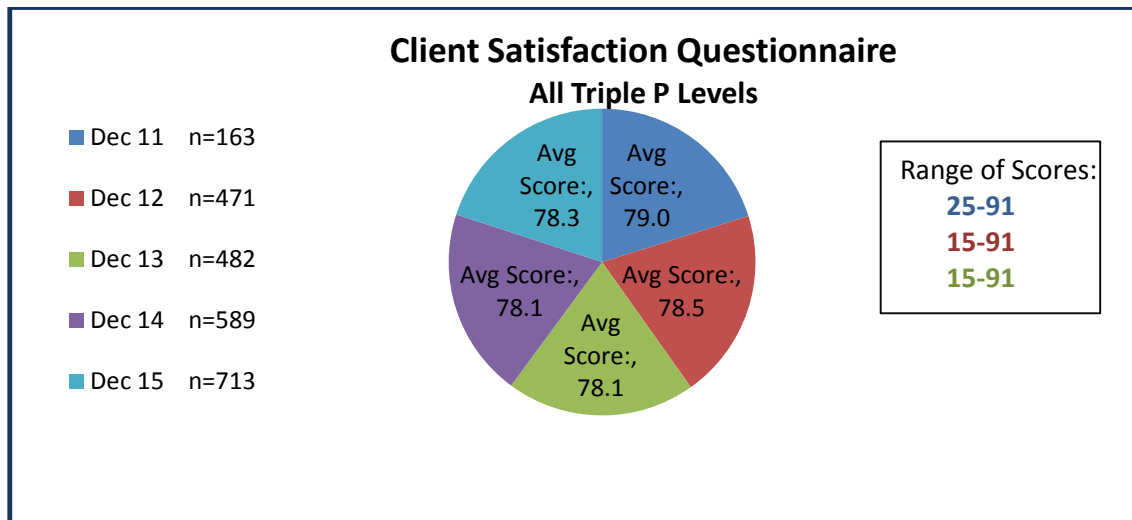


Satisfaction Measure

Client Satisfaction Questionnaire (CSQ)

The *Client Satisfaction Questionnaire (CSQ)* is a measure of consumer satisfaction completed after participation in Triple P Level 3 Primary Care, Level 3 Primary Care Teen, Level 4 Standard, Level 4 Standard Teen, Level 4 Group, Level 4 Group Teen, Level 5 Enhanced and Level 5 Pathways. This 13-item measure assesses participant satisfaction with the parent training program. Possible scores range from 13-91.

Table 16. Client Satisfaction Questionnaire Outcomes for Shasta County	
Level 3 Primary Care, Level 3 Primary Care Teen, Level 4 Standard, Level 4 Standard Teen, Level 4 Group, Level 4 Group Teen, Level 5 Enhanced and Level 5 Pathways (2251 caregivers)	
Client Satisfaction Questionnaire (CSQ)	Average: 78.3 Range: 0 – 91 n=713



Summary of ending/completion dates in the Scoring Application:

One Thousand and twenty-six of the caregivers have ending dates that are within the realm of Triple P implementation dates. Some of the possibilities for differences in the dates and numbers of Client Satisfaction surveys may be due to a caregiver not completing sessions or that in the beginning of Scoring Application there was a default date of 11/30/1999 which wasn't changed by the practitioner. Default dates have since been removed from all date fields in the Shasta County Scoring Application.

Another change to the Shasta County Scoring Application is a check box that has been added to each caregiver asking "Is Intervention Complete". This addition will help get correct completion data since the date intervention ended is only on the child's front page. This fixes the problem of multiple caregivers and only one date intervention ended field. Accordingly, to date there have been 257 completions and 357 not completed.

For the year 2015 there were 181 completion dates. There were also 113-yes, 52-no. Completions per the 2015 Monthly Metrics are 115 and overall 865 completions.