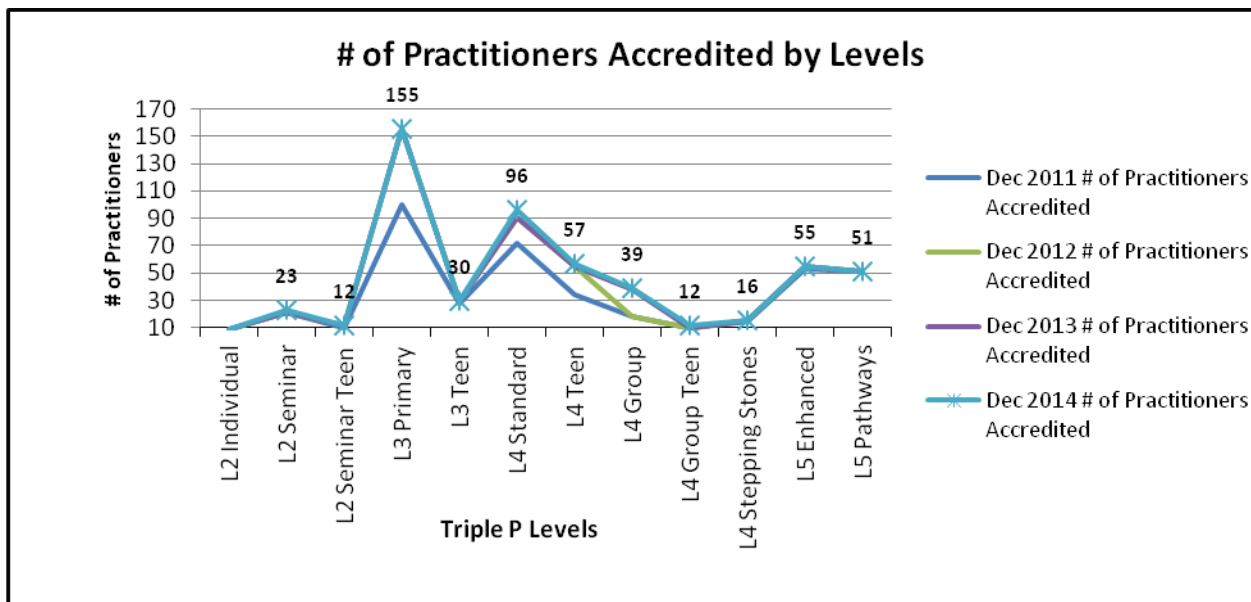


Triple P Parenting Program Implementation and Outcomes Report Thru December 2014

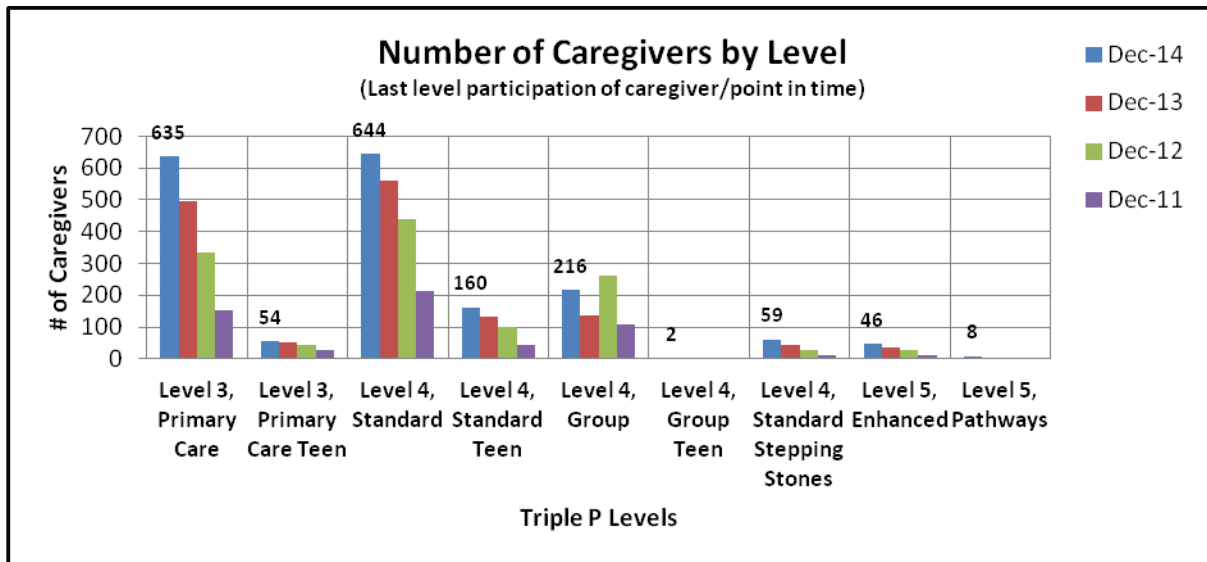
Triple P is an evidence-based multi-level parenting and family support strategy that aims to prevent severe behavioral, emotion, and developmental problems in children by enhancing the knowledge, skills and confidence of parents. It is designed to be an early prevention program for parents that are in need of parenting help.

Shasta County Health and Human Services in partnership with First 5 Shasta has provided training for approximately 250 practitioners in multiple levels of Triple P Parenting. They must fulfill the required days of training and then be accredited in order to provide Triple P services. Many of these practitioners are accredited in several levels.

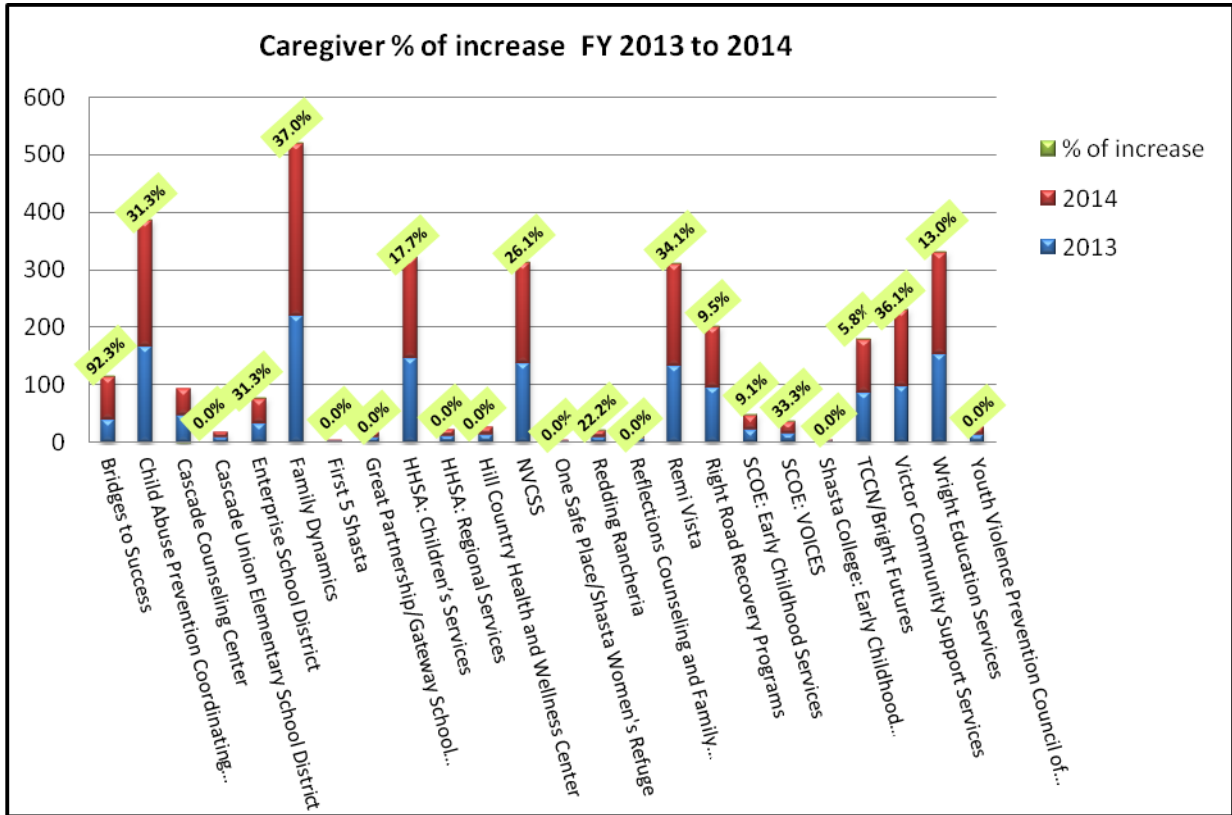


As of December 2014 Triple P practitioners have provided services to 1824 caregivers, representing 1552 children. Both Level 3 Primary and Level 4 Standard have the most caregivers served.

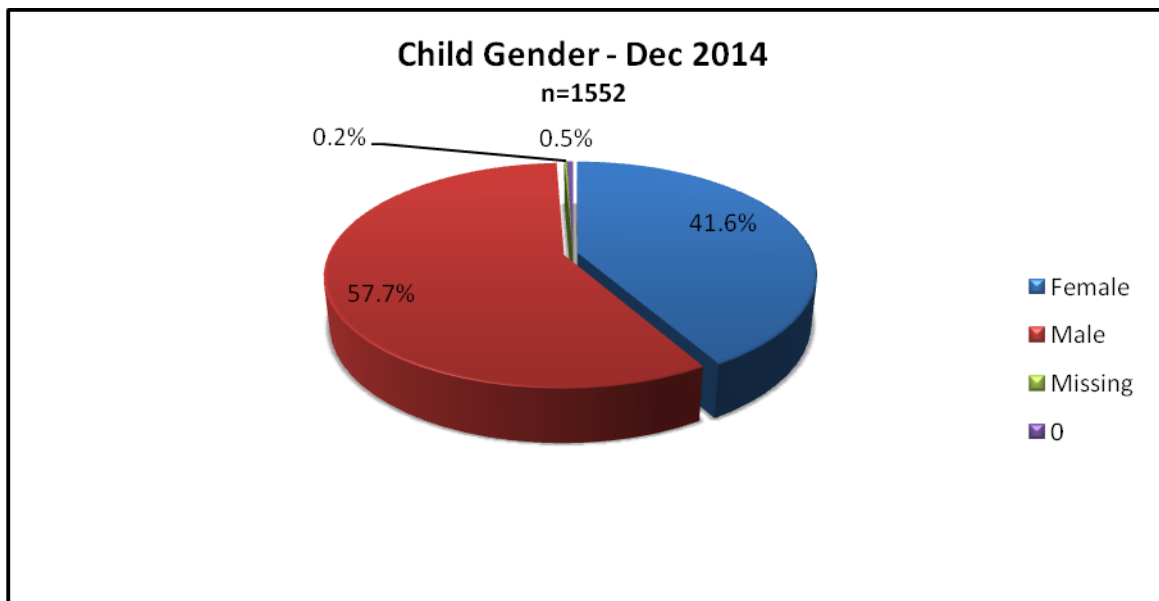
Due to the variance in their data collection methodology, all data reported from Youth and Family Programs is not included in this 2014 report. Level 4 Standard and Level 4 Group were the levels that were impacted. The result is that the change in data from 2012 and 2014 may look like there wasn't a substantial increase in caregivers. This in turn, changed the percentages in the outcomes of the surveys for Shasta County as a whole. However, the 373 caregivers not included in this report have been exposed to the Triple P-Positive Parenting Program and in some cases have request individual Triple P services.



Percent of increase in caregivers from 2013 until December 31, 2014 by organization.

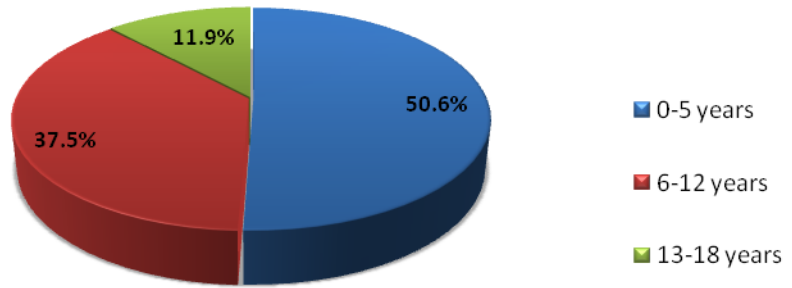


Data is entered into the Shasta County Scoring Application, a web-based application that was created to help practitioners in completing and scoring caregivers/parent assessments. Entry into the Scoring Application gives important evaluation demographic data for caregivers/children.



Age Group - Dec 2014

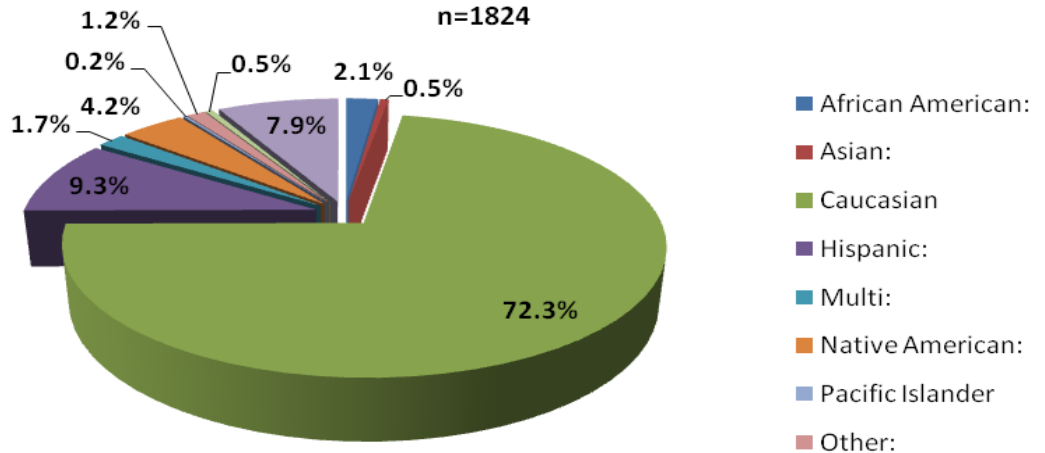
n=1552

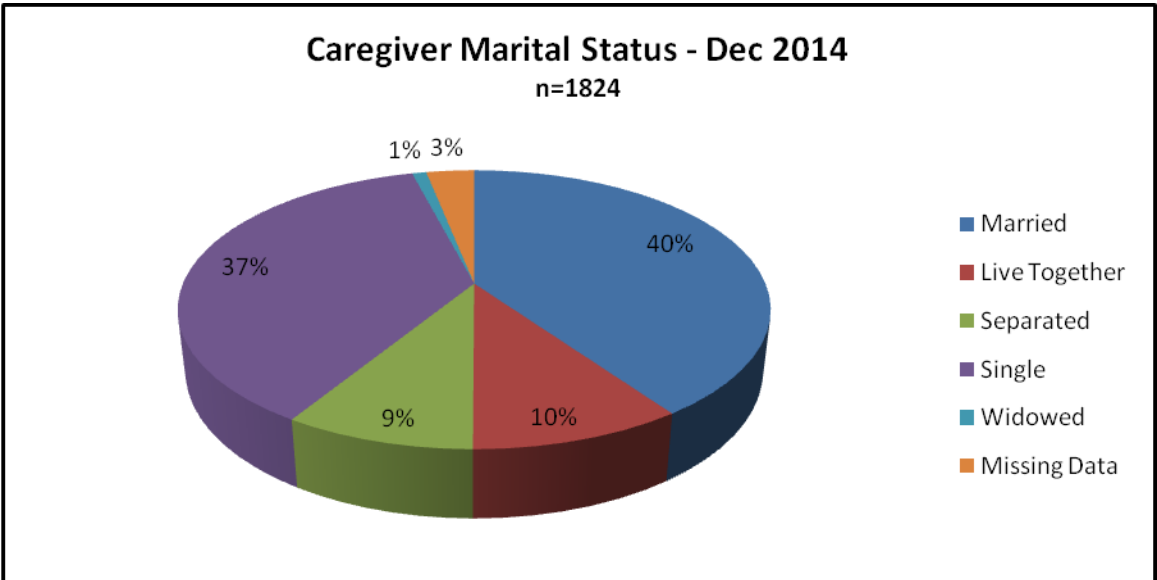
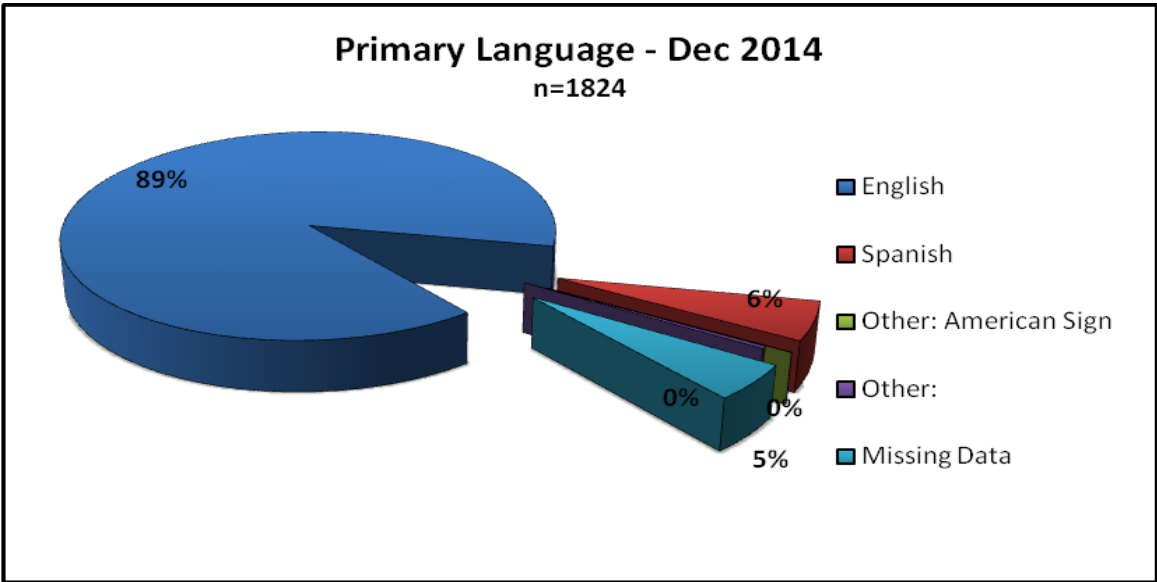


Average Age of Child: 6.4 years

Ethnicity of Caregiver - Dec 2014

n=1824





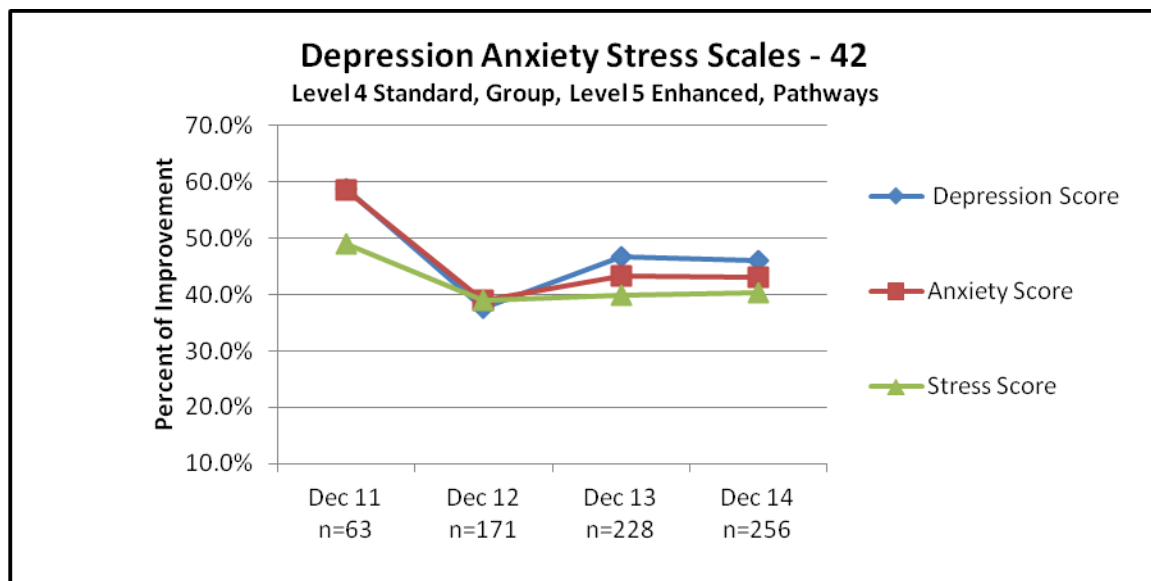
Triple P Outcome Data

Outcome data measures are exported out of the Shasta County Scoring Application that are used for the evaluation of how Triple P has impacted the families in Shasta County. All outcomes are reported as percentage of improvement from pre-Triple P participation to post-Triple P participation (e.g., improved parenting efficacy, improved parenting satisfaction).

Depression Anxiety Stress Scale-42 (DASS42)

The *Depression Anxiety Stress Scale-42* (DASS42) is a self-report assessment completed before and after participation in Triple P Level 4 Standard, Level 4 Group, Level 5 Enhanced and Level 5 Pathways. This 42-item assessment inventory measures symptoms of depression, anxiety and stress in adults.

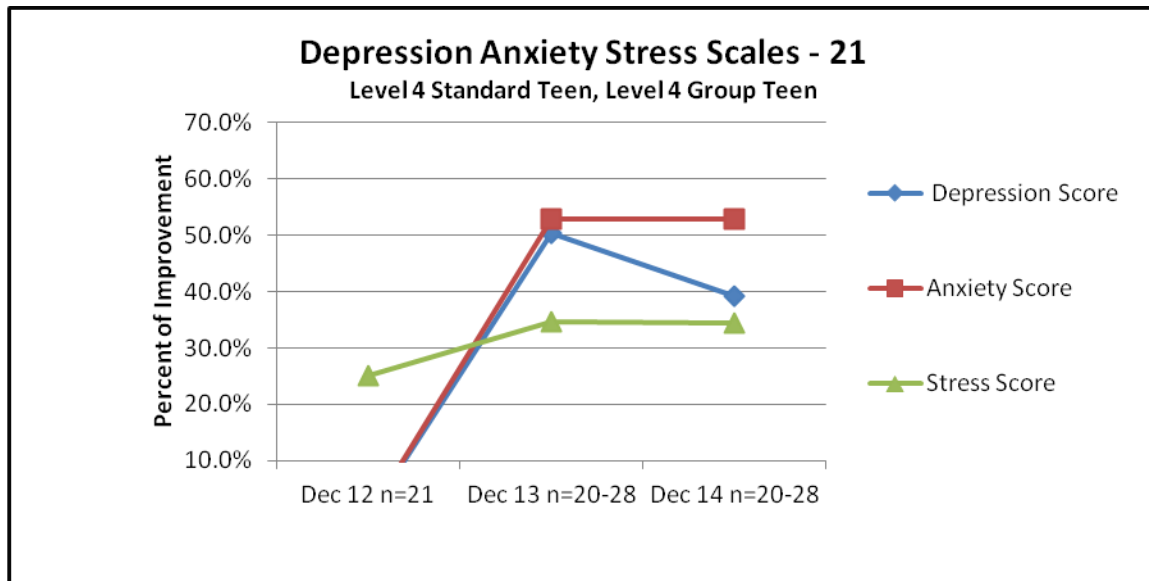
To date the overall data has shown an improvement in the Depression Anxiety Stress Scale – 42 which is used for Levels 4 Standard, Group and both Level 5 Enhanced and Pathways. Out of 973 caregivers 256 caregivers have completed pre-post DASS-42 surveys as of December 2014.



Depression Anxiety Stress Scale-21 (DASS)

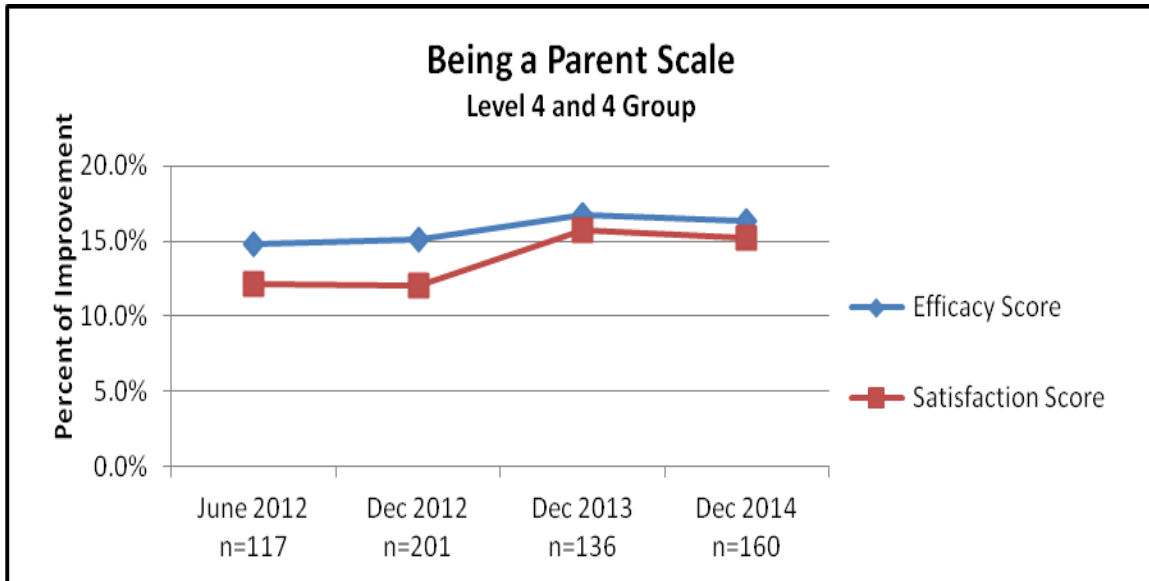
The *Depression Anxiety Stress Scale-42* (DASS42) is a self-report assessment completed before and after participation in Triple P Level 4 Standard Teen, Level 4 Group Teen. This 21-item assessment inventory measures symptoms of depression, anxiety and stress in adults.

To date the overall data has shown an improvement in the Depression Anxiety Stress Scale – 21 which is used for Level 4 Standard Teen, Level 4 Group Teen. Out of 973 caregivers 256 caregivers have completed pre-post DASS-42 surveys as of December 2014.



Being a Parent Scale (PSOC)

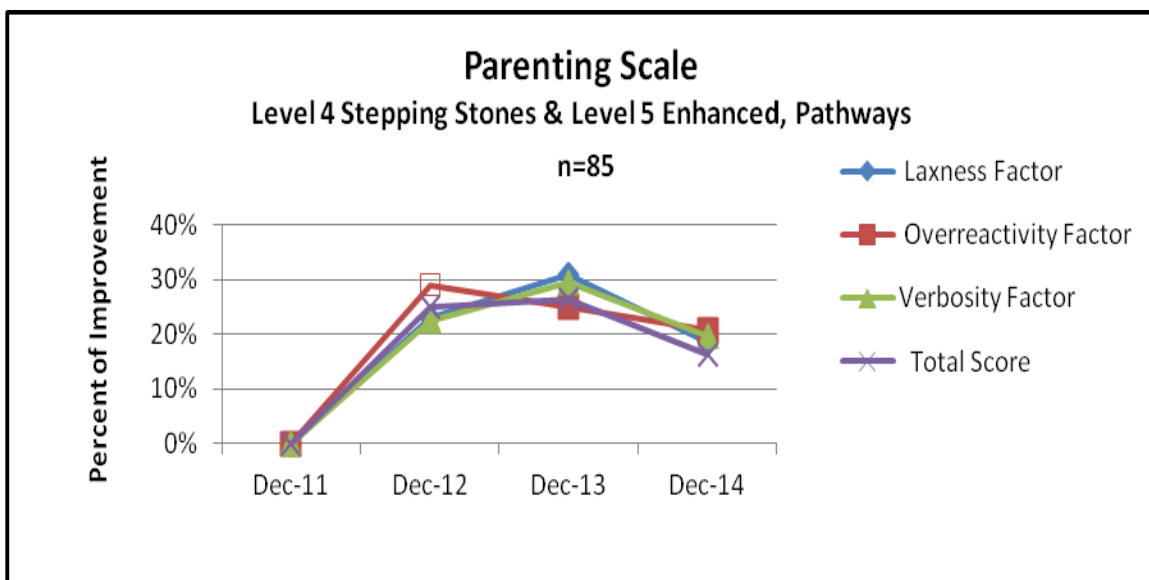
The *Being a Parent Scale* is a Strength-based assessment to measure parenting self-esteem, or efficacy, and satisfaction with the parenting role. Higher scores represent greater levels of parenting self-efficacy and parental satisfaction. Out of the 860 caregivers for Levels 4 Standard and 4 Group 160 caregivers completed pre-post surveys.



*Please note that the *Being a Parent Scale* is a strength-based measure. There are no clinical cutpoints, but higher scores are better.

Parenting Scale

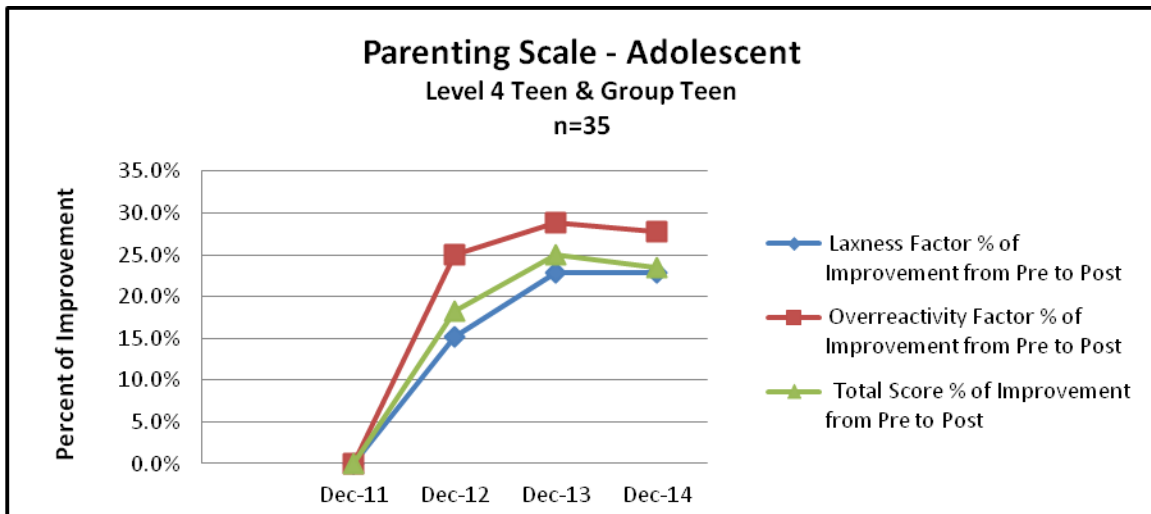
The *Parenting Scale* is a self-report assessment that assesses parenting and disciplinary styles, particularly those that are found to be related to the development and/or maintenance of child disruptive behavior problems. Out of the 113 caregivers for Level 4 Stepping Stones and Level 5 Enhanced/Pathways 85 caregivers completed pre-post surveys.



*For Dec-11 Minimum n for any aggregate pre/post outcome analysis is 20 which factored into the 0 data shown.

Parenting Scale - Adolescent Version

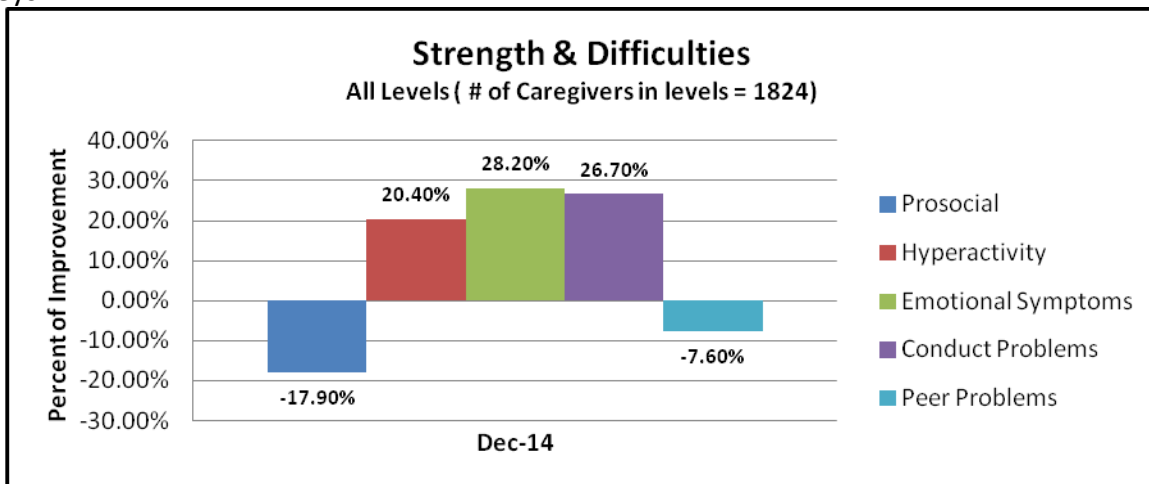
The *Parenting Scale* is a self-report assessment that assesses parenting and disciplinary styles, particularly those that are found to be related to the development and/or maintenance of child disruptive behavior problems. Out of the 162 caregivers for Level 4 Standard Teen and Level 4 Group Teen 35 caregivers completed pre-post surveys.



Strengths and Difficulties Questionnaire (SDQ)

The Strengths and Difficulties Questionnaire (SDQ) is a brief behavioral screening questionnaire children aged 3-16 year. It exists in several versions to meet the needs of researchers, clinicians and educators.

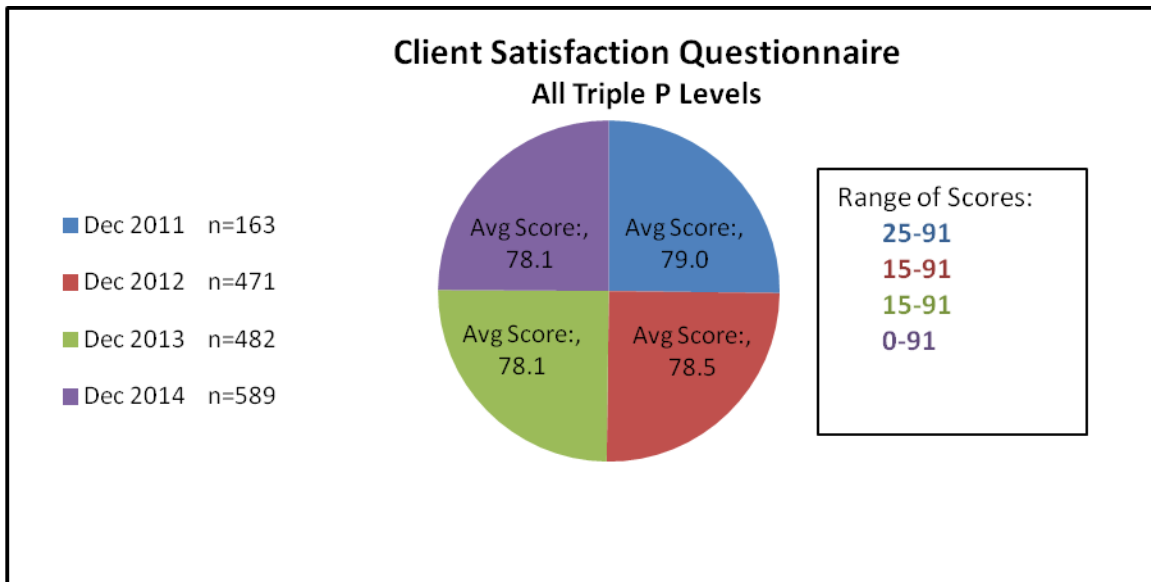
Out of the 1824 caregivers for Level 4 Standard Teen and Level 4 Group Teen 127 caregivers completed pre-post surveys.



Please note that the Strength & Difficulties survey has only been required as of 12/2014.

Client Satisfaction Questionnaire (CSQ)

At the end of the Triple P sessions caregivers are given a Client Satisfaction Questionnaire (CSQ) which measures the caregivers satisfaction with the Triple P services received in all levels.



These data numbers shown in the report are exported from the Shasta County Scoring Application and are based as a snapshot in time. Survey data is always available but completion dates and levels can change as a result of caregivers changing levels of Triple P over time or by restarting new sessions at a later time. Because of this completion rates may seem lower unless the Client Satisfaction is done after each level provided.