

## HOW TO GET INVOLVED

Eight workgroups provide informed and thoughtful recommendations and guidance for the MHSA in Shasta County:

- ⇒ Outreach and Engagement
- ⇒ Budget
- ⇒ Monitoring, Quality Improvement and Evaluation
- ⇒ Adults and Older Adults
- ⇒ Children and Transitional Age Youth
- ⇒ Housing
- ⇒ Suicide Prevention and Stigma/Discrimination Reduction
- ⇒ Workforce Education and Training

All eight workgroups report to the MHSA Advisory Committee (MHSAAC).

For more information about any of these groups, or to join our efforts, please contact the MHSA office at (530) 225-3678 or visit us on the web at [www.shastamhsa.com](http://www.shastamhsa.com).

Contact the MHSA Office:  
2640 Breslauer Way  
Redding, CA 96001  
(530)225-3678  
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Visit us at:  
[www.shastamhsa.com](http://www.shastamhsa.com)

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Shasta County  
Health and Human Services Agency  
Mental Health Services Act

# MHSA

## WHAT IT IS

The Mental Health Services Act (MHSA) was approved by California voters in November 2004 and became law in January 2005. It is funded by a 1-percent tax on personal income in excess of \$1 million.

The MHSA represents a comprehensive approach to developing a system of community-based mental health services and supports. It addresses a broad continuum of prevention, early intervention, and service needs.

*Learn more at our website:*  
[www.shastamhsa.com](http://www.shastamhsa.com)

## WHAT IT DOES

The purpose of the MHSA is:

- ⇒ To define serious mental illness among children, adults and seniors as a condition deserving attention, including prevention and early intervention services, and medical and supportive care.
- ⇒ To reduce harm to individuals, families, and state and local budgets resulting from untreated serious mental illness.
- ⇒ To expand the kinds of successful, innovative mental health service programs begun in California, including culturally and linguistically competent approaches for underserved populations.
- ⇒ To provide state and local funds to adequately meet the needs of all children and adults who qualify for these programs.
- ⇒ To ensure that all funds are spent wisely and services are provided in accordance with recommended best practices.

## HOW IT WORKS

The MHSA is divided into five components:

**CSS** Community Services and Supports

**PEI** Prevention and Early Intervention

**WET** Workforce Education and Training

**INN** Innovation

**CF/TN** Capital Facilities/Technology Needs

You can read more about each of these components, or see data reports on the specific projects and programs, on our website at: [www.shastamhsa.com](http://www.shastamhsa.com).

Connect with some of our programs online!

[www.shastasuicideprevention.com](http://www.shastasuicideprevention.com)



[www.standagainststigma.com](http://www.standagainststigma.com)

Stand Against Stigma  
Changing minds about mental illness

**CSS** CSS comprises the largest portion of MHSA funding and is for service expansion and system improvements.

**Shasta County has nine CSS projects:**

- ⇒ *Client- and Family-Operated Systems*
- ⇒ *Shasta Triumph and Recovery (STAR)*
- ⇒ *Rural Health Initiative*
- ⇒ *Older Adult*
- ⇒ *Crisis Services*
- ⇒ *Crisis Residential and Recovery Center (CRRC)*
- ⇒ *Housing Continuum*
- ⇒ *Co-occurring Disorders Integration*
- ⇒ *Outreach/Access*

**CF/TN** CF/TN projects address building improvements, and technology strategies which support integrated service experiences.

**Shasta County has one active CF/TN project:**

- ⇒ *Building refresh at 2640 Breslauer Way*

**There have also been two completed CF/TN projects:**

- ⇒ *Electronic Health Record System*
- ⇒ *Entrance remodel at 2640 Breslauer Way*

**PEI** PEI is a “help-first” approach. PEI programs bring mental health awareness into the lives of all members of the community.

**Shasta County has five PEI projects:**

- ⇒ *Children and Youth in Stressed Families*
- ⇒ *Individuals Experiencing Onset of Serious Psychiatric Illness (Early Onset)*
- ⇒ *Adverse Childhood Experiences*
- ⇒ *Stigma and Discrimination Reduction*
- ⇒ *Suicide Prevention*

There are also CalMHSA statewide projects in PEI.

**WET** WET programs address the shortages of qualified individuals who provide services in Shasta County’s public mental health system.

**Shasta County has three WET projects:**

- ⇒ *Comprehensive Training*
- ⇒ *Consumer and Family Member Volunteer Program*
- ⇒ *Internship Program*

There is also a regional project (*Superior Region WET Partnership*), and projects through the Office of Statewide Health Planning and Development.

**INN** INN projects are novel, creative or ingenious mental health practices/ approaches that contribute to learning.

**Shasta County has one active INN project:**

- ⇒ *Community Mental Health Resource Center (in development)*

Planned services at this center include:

- ◇ *After-hours pre-crisis clinical assessment*
- ◇ *Case management and linkage*
- ◇ *Treatment groups*
- ◇ *Warm line*
- ◇ *Community outreach*
- ◇ *Buddy/mentor system for youth and adults*
- ◇ *...and more...*

**There has also been one completed INN project:**

- ⇒ *Community Intervention Pre-Crisis Team (CIPT)*

Connect with some of our programs online!



[www.triplepshasta.com](http://www.triplepshasta.com)



[www.shastasstrongfamilies.org](http://www.shastasstrongfamilies.org)