



**Shasta County
Health & Human
Services Agency**

September 28, 2023 Agenda

Mental Health Services Act Quarterly Workgroup Meeting

1:30 -3:00 p.m.

Boggs Building

I. Welcome and introductions

- a. Introduction newest addition to the MHSA team
 - i. Ashley Introduced Amber Brock. Amber said a few words about how long she's been with Shasta County and in her current role.
- b. Please fill out a demographic form
 - i. Collected at end of meeting.

II. Annual Update to the MHSA Three-Year Plan

- a. The MHSA team is gearing up to get this started.

III. Innovations

New Proposal:

- a. Presentation of Finding the Hero
 - i. Susan Clark presented, opened up for questions/comments/discussion between MHSA team & public attendees. Concerns were raised regarding funding stream to SCOE down the road.

Proposal in Progress:

- b. Community Driven Practices for Health Equity
- c. Extra-Curricular/Enrichment Activities Funding for Foster Youth
 - i. These items are being drafted to be sent to MHSA Oversight and Accountability

Existing Project

- d. Psychiatric Advance Directives (PADs)

“Engaging individuals, families and communities to protect and improve health and wellbeing.”

Laura Burch, Director

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- i. Still looking for input from work groups. Shared tagline & logo that was decided on. My Plan, My Voice. Chorus to present at next MHADAB meeting.

IV. 2023 Stakeholder Meeting Calendar

- a. Shared we intend to have available a year calendar worth of meetings beginning Jan 2024

V. Mental Health Drug and Advisory Board (MHADAB) Update

- a. Voted to move forward two INN projects that were presented at last meeting. Went over the steps to approve INN projects. Ron H. asked for a balance of exact INN funds.

VI. Open forum

- a. Question arose about Senate Bill SB326 and what will happen with INN projects in the works if the bill passes in March 2024. Advised business as usual until more information comes in 2024.
- b. Relayed we are looking for 3 new MHADAB Board members and to submit an application if interested.

Sponsored by Shasta County Health and Human Services Agency, in conjunction with our many community partners and advisory boards. Funding for this event is provided through the Mental Health Services Act.

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FINDING THE HERO



Sarah Clark



WHY

ARE THESE KIDS SO BAD?

- Fun
- Freedom
- Power
- Love/Belonging
- Survival/Security



DISCIPLINE

- Administered by teachers
- Reactive
- Confrontive
- Distancing



BEHAVIOR EDUCATION

- Administered by behavior educator
- Proactive
- Collaborative
- Presence



FINDING THE HERO-- THE PROGRAM



Ready.... Set....

- Permission from parent and teacher
- Teacher input form (page 6)



Go to Work!

The question: Has the student's behavior been acceptable to you in the preceding period?

WHY?

YES

- Document 3 positive behaviors
- Student selects choices

WHY?

NO

- Document 1 negative behavior
- Student works with behavior educator to discover replacement behaviors (page 8)

WHY?



Recording the Work!

- Weekly report (page 7)
- Monthly report (page 9)

WHY?

- Monthly team meeting

WHY?



OTHER STUFF

- Self Evaluation (page 10)
- Tantrums and regression
- Start young -- don't stop
- Relationship is everything
- Cultural fluency
- Keep learning... thanks Glenn, Albert, and Bill
- Extras that add a lot, Far Out Club and lessons



WHY “HEROES”?



The program is called “Finding the Hero” because some of the students in it have suffered from sad inequities in our society. It is hoped that they will become productive citizens, “heroes” who will correct some of those inequities in their own homes, communities, and the culture at large.



FINDING THE HERO

- Why does this program take so long, ideally six years?
- Why don't you help children during class?
- Why spend all this money on high risk kids?

