

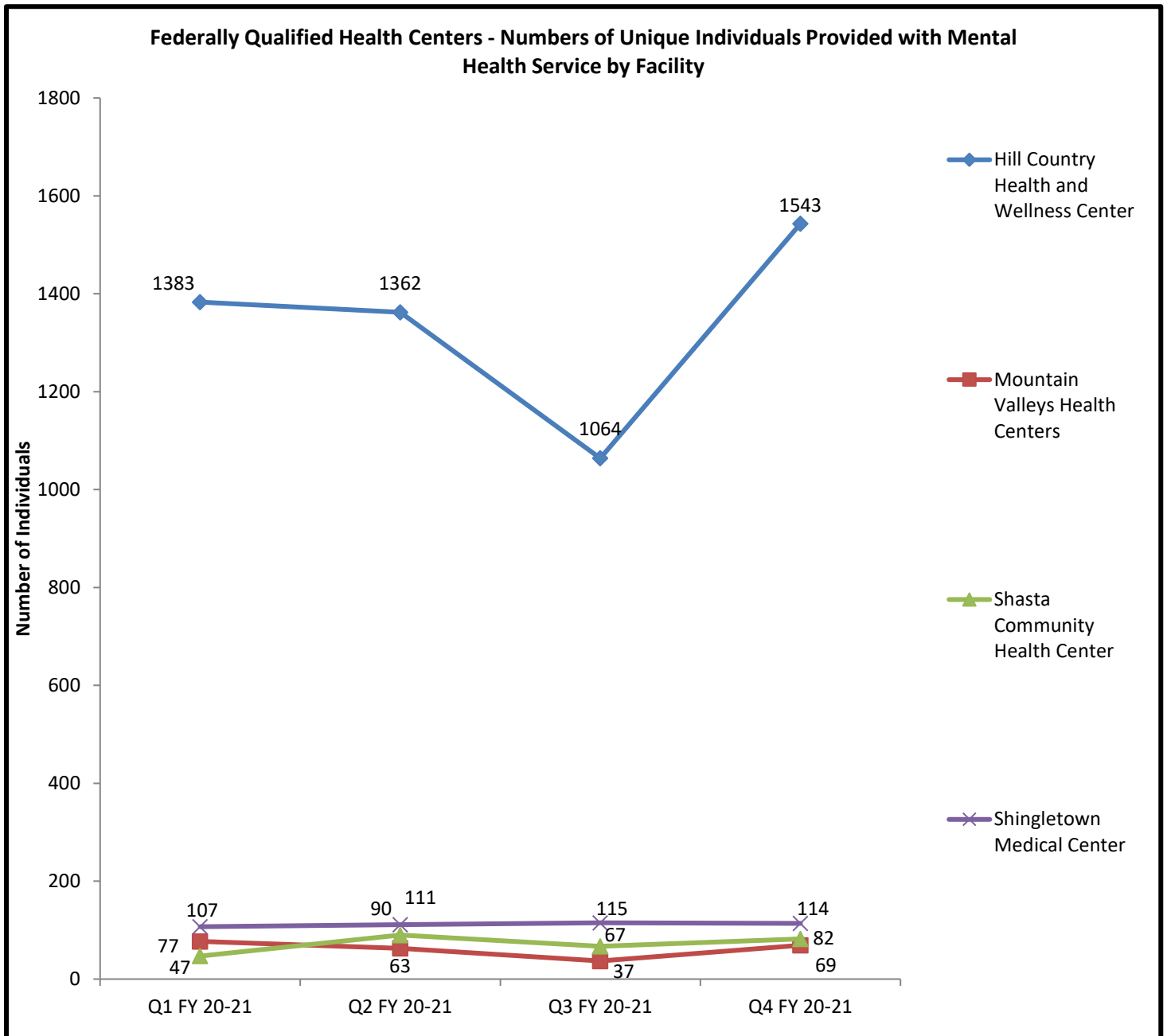
Federally Qualified Health Centers Annual Summary Report

July 2020 through June 2021

To better provide access to mental health services in Shasta County, the Shasta County Health and Human Services Agency has contracted with four different Federally Qualified Health Centers (FQHCs) to provide new or expanded mental health services, integrate mental health services with existing mental health and medical services provided by the FQHCs, and strengthen the relationship between the FQHCs and the County’s public mental health system. Funding is provided through the Mental Health Services Act (MHSA). Shasta County had four FQHCs in operation during the 2020-2021 fiscal year: **Hill Country Health and Wellness Center** in Round Mountain; **Mountain Valleys Health Centers** in Burney; **Shasta Community Health Center** in Redding; and **Shingletown Medical Center** in Shingletown.

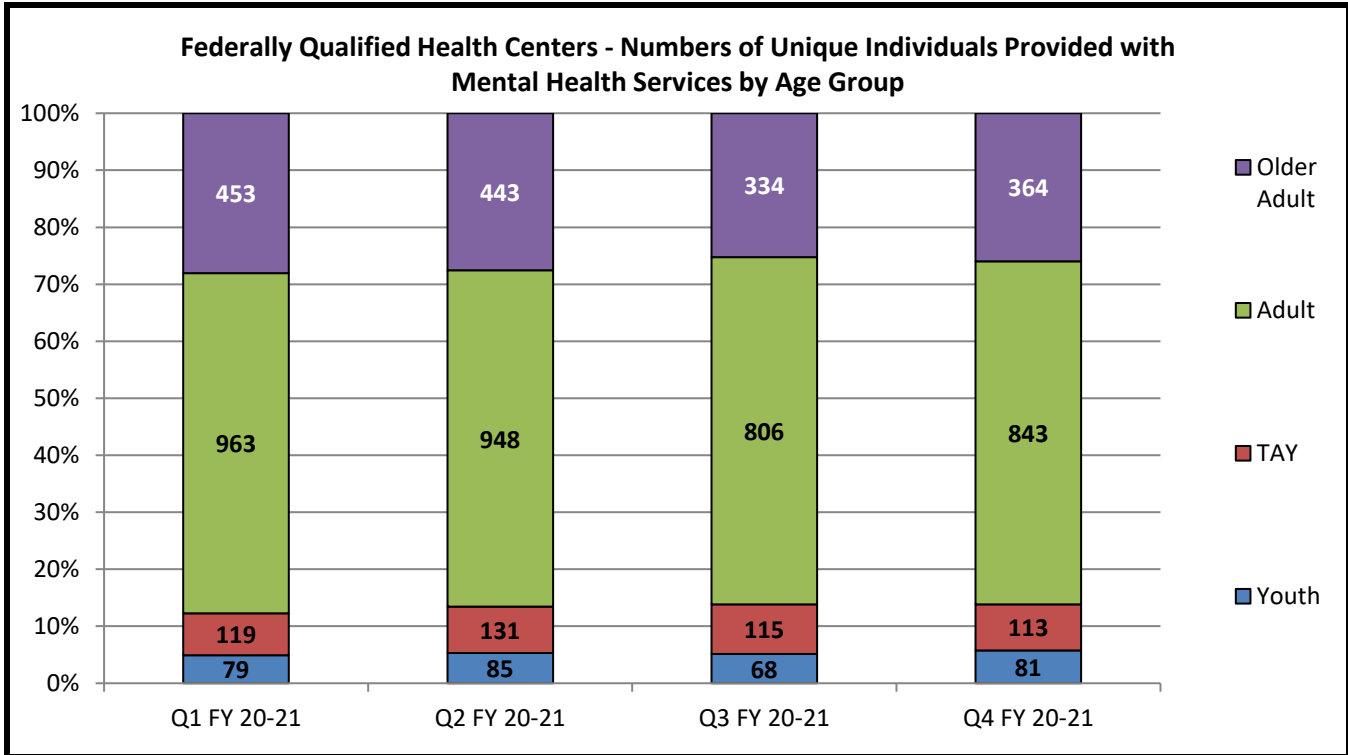
Attendance

An average of 1,583 people visited a FQHC in each quarter of fiscal year 2020-2021. This is an 8.4% increase compared to the previous fiscal year (1,460 people).

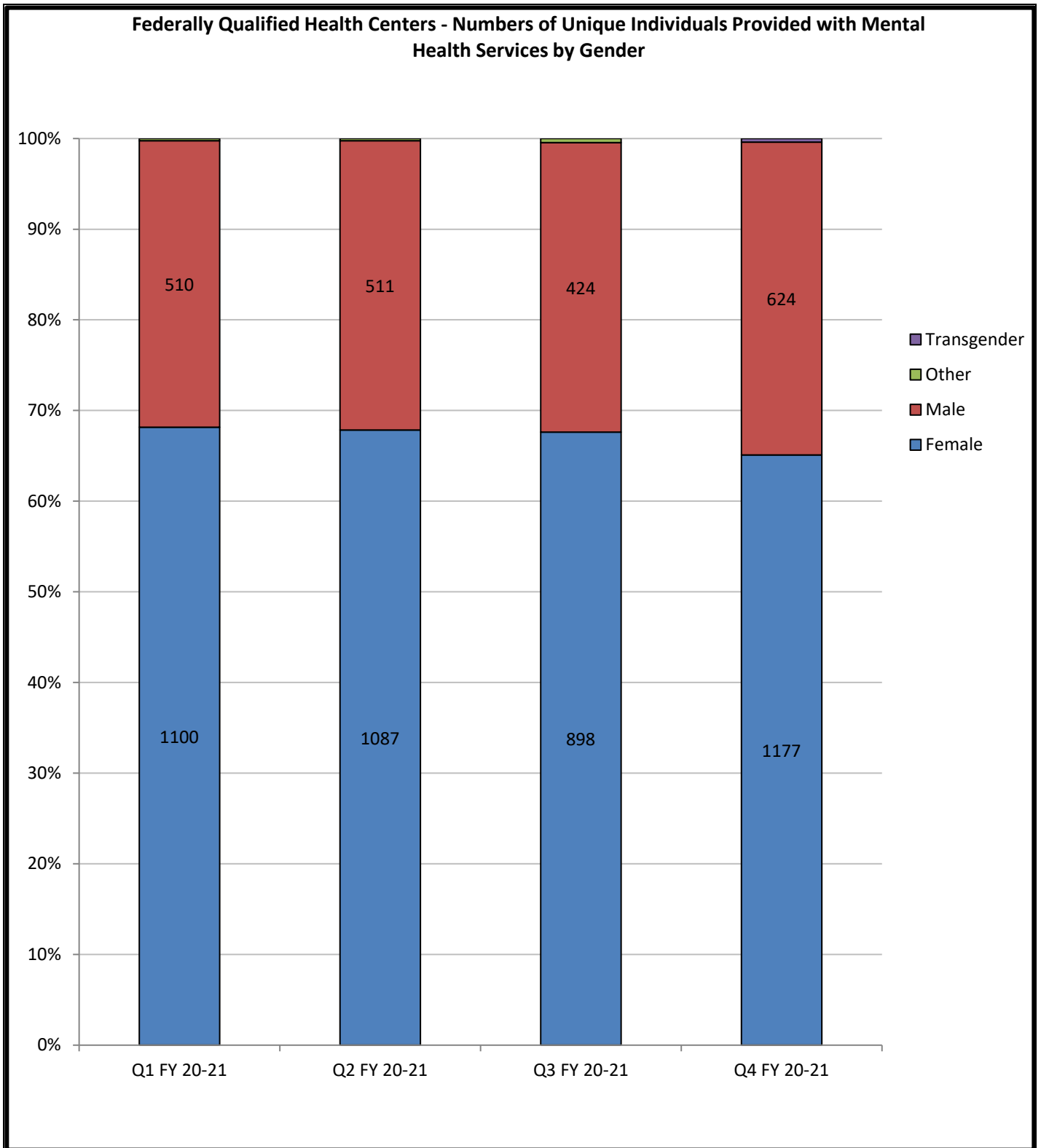


Demographics

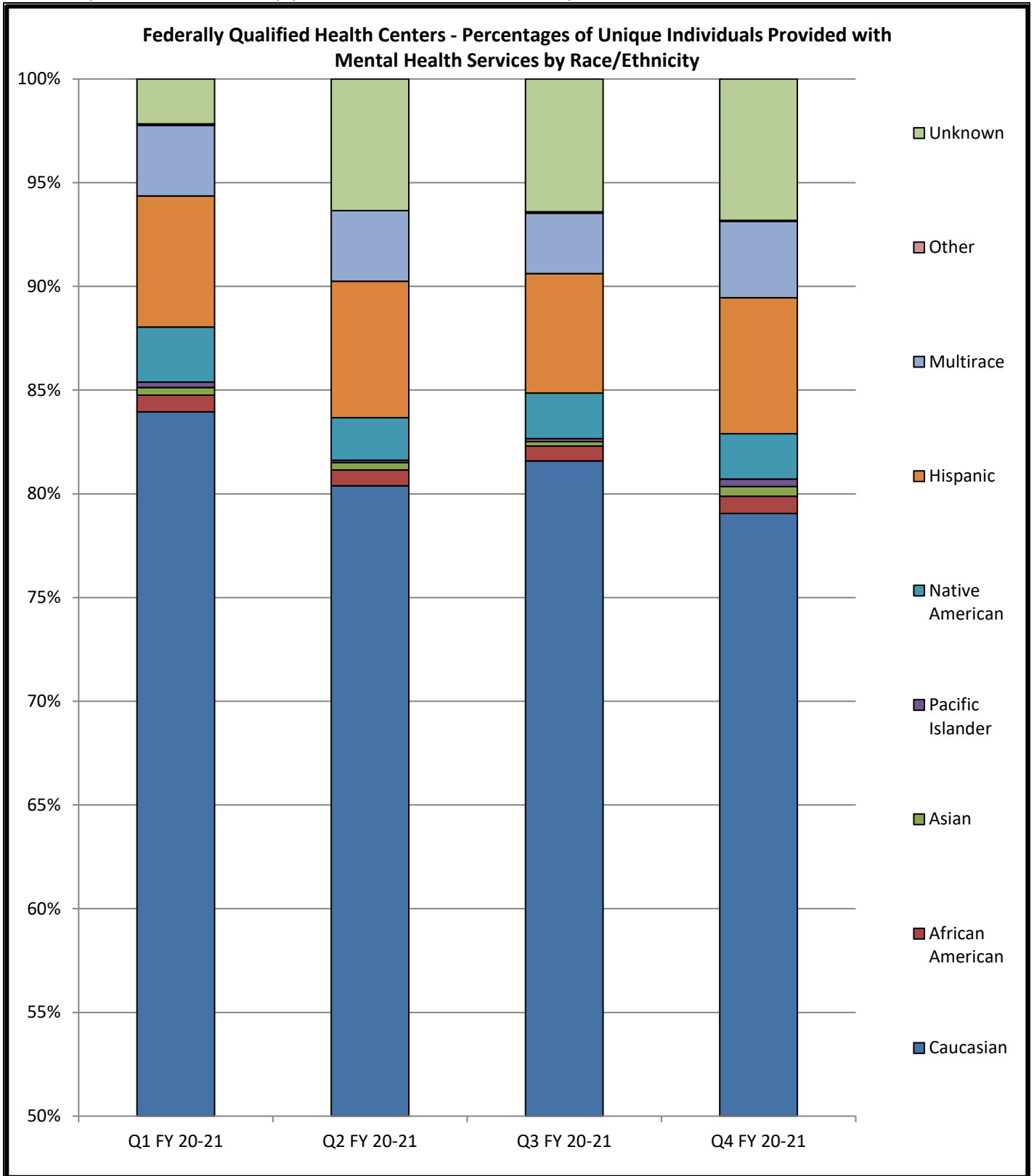
Age - The MHSAs use four age categories: **Youth** – ages 0 to 15, **Transition Aged Youth (TAY)** – ages 16 to 25, **Adult** – ages 26 to 59, and **Older Adult** – ages 60 and up.



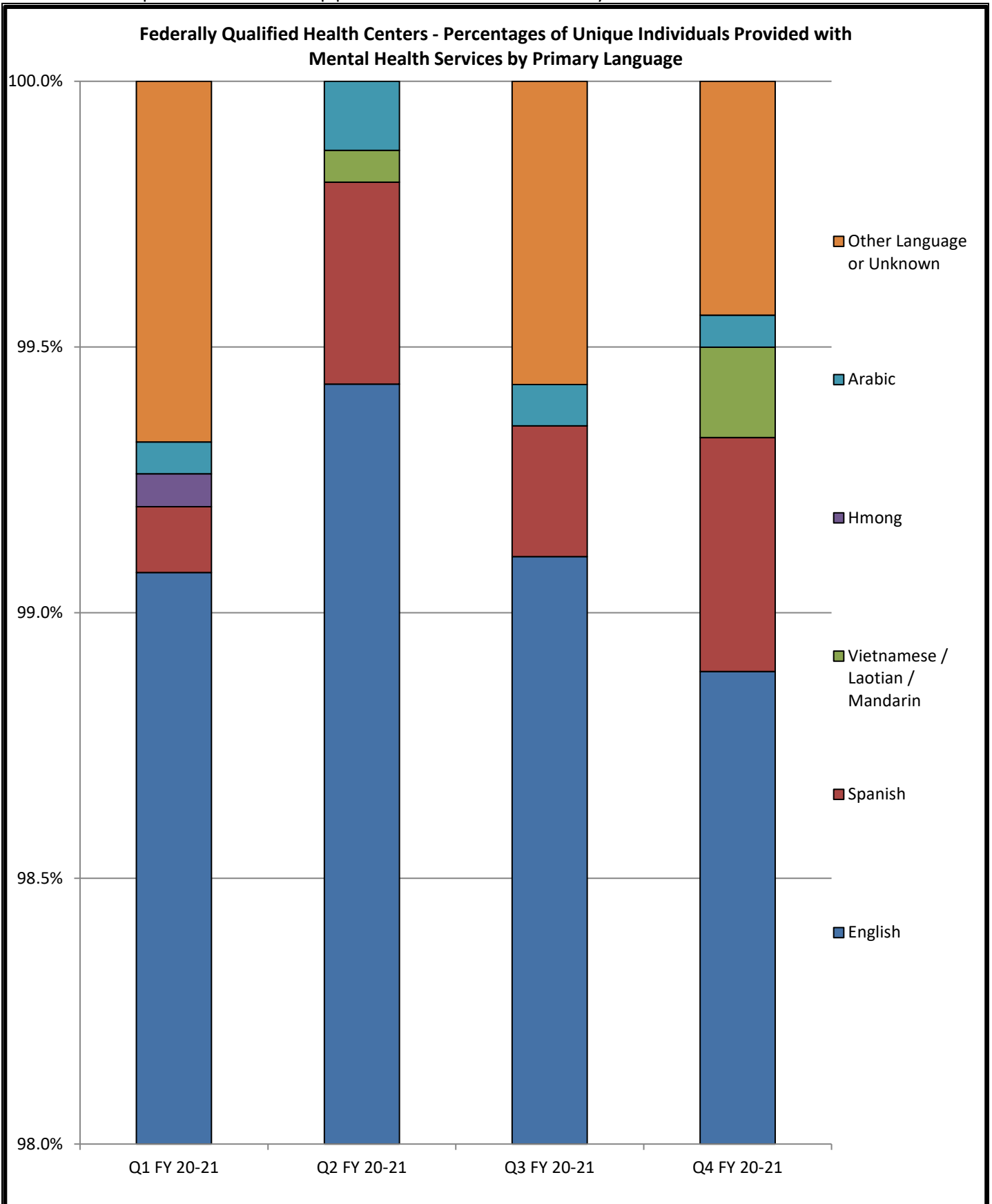
Gender - The MHSAs use four gender categories: **Male**, **Female**, **Transgender**, and **Other**. Counts of less than 20 individuals are not labeled to help maintain consumer confidentiality but are included in the chart.



Race/Ethnicity - Because of the low gross numbers for some of these ethnicities within small communities, actual counts are not reported in order to help protect consumer confidentiality.

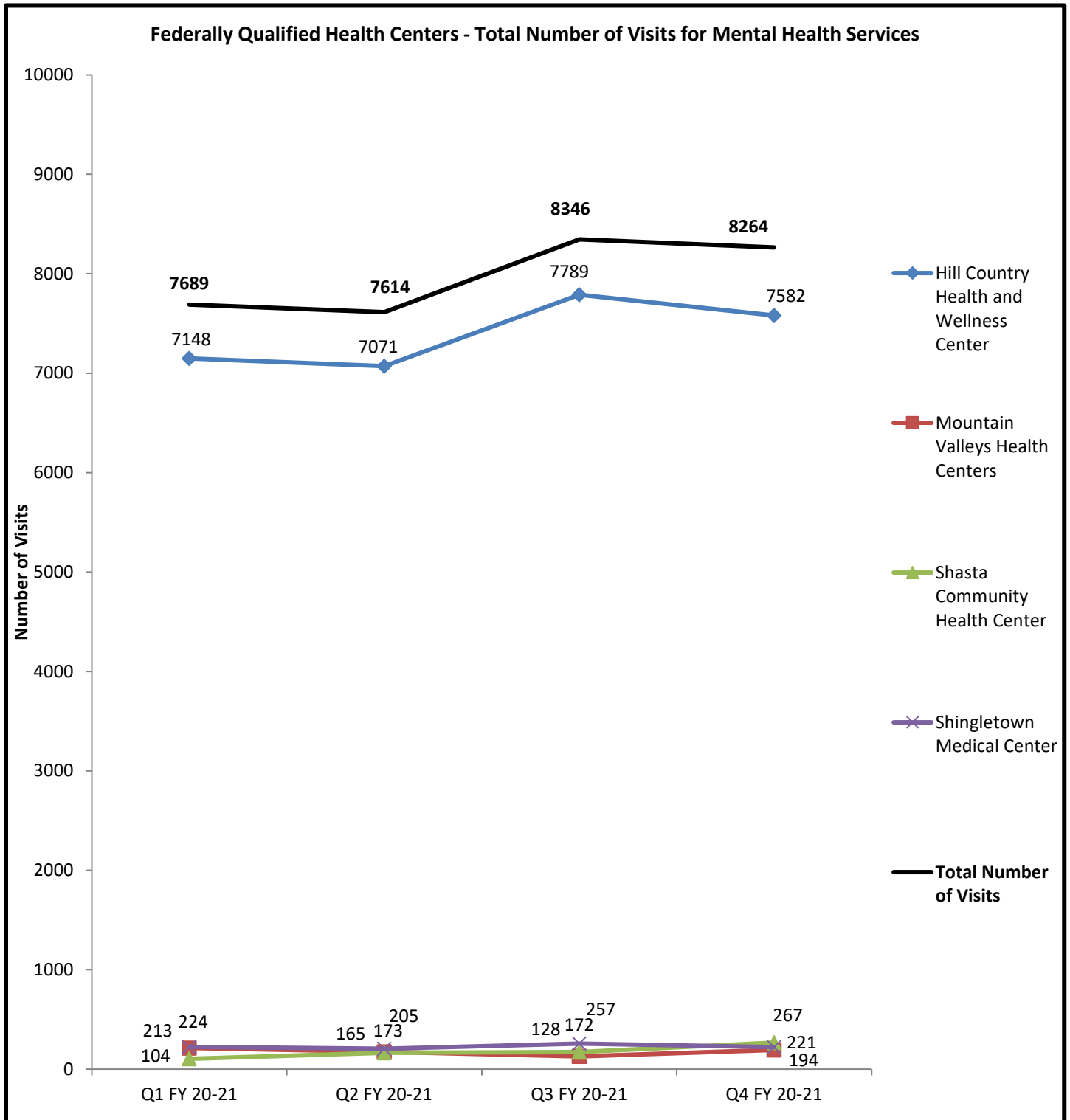


Primary Language - Because of the low gross numbers for some of these languages within small communities, actual counts are not reported in order to help protect consumer confidentiality.



Services Provided

Most people will have multiple visits to the FQHC each quarter, and different types of service may be offered at different times in order to provide everyone with comprehensive and integrated age appropriate mental health services. Services provided may include such things as screenings, assessments, medication management, and individual or group psychotherapy sessions. For fiscal year 2020-2021, there were a total of 31,913 visits to a FQHC for some type of mental health service. This is a 2.94% decrease compared to the previous fiscal year (32,881 visits).



Primary Mental Health Diagnosis

All FQHCs are asked to report on the primary mental health diagnosis for each consumer. However, due to some health recordkeeping systems in use, not all facilities are able to isolate primary mental health diagnosis, and so all mental health diagnoses made by them are reported. Because of this, comparisons are made by percentage of each diagnosis.

Regarding the categories used for reporting mental health diagnoses, "Other Conditions" is a state diagnosis category (as are all the others) which still refers to a mental health diagnosis and not a physical health ailment. This diagnosis is generally a mental health issue not readily fitting into the other main groupings (for example, conditions such as Anorexia Nervosa, Sleep Terror Disorder, Impulse-Control Disorder, Bereavement, etc.). If there is no mental health diagnosis, it would be reported under the category "Deferred Mental Health Diagnosis."

